

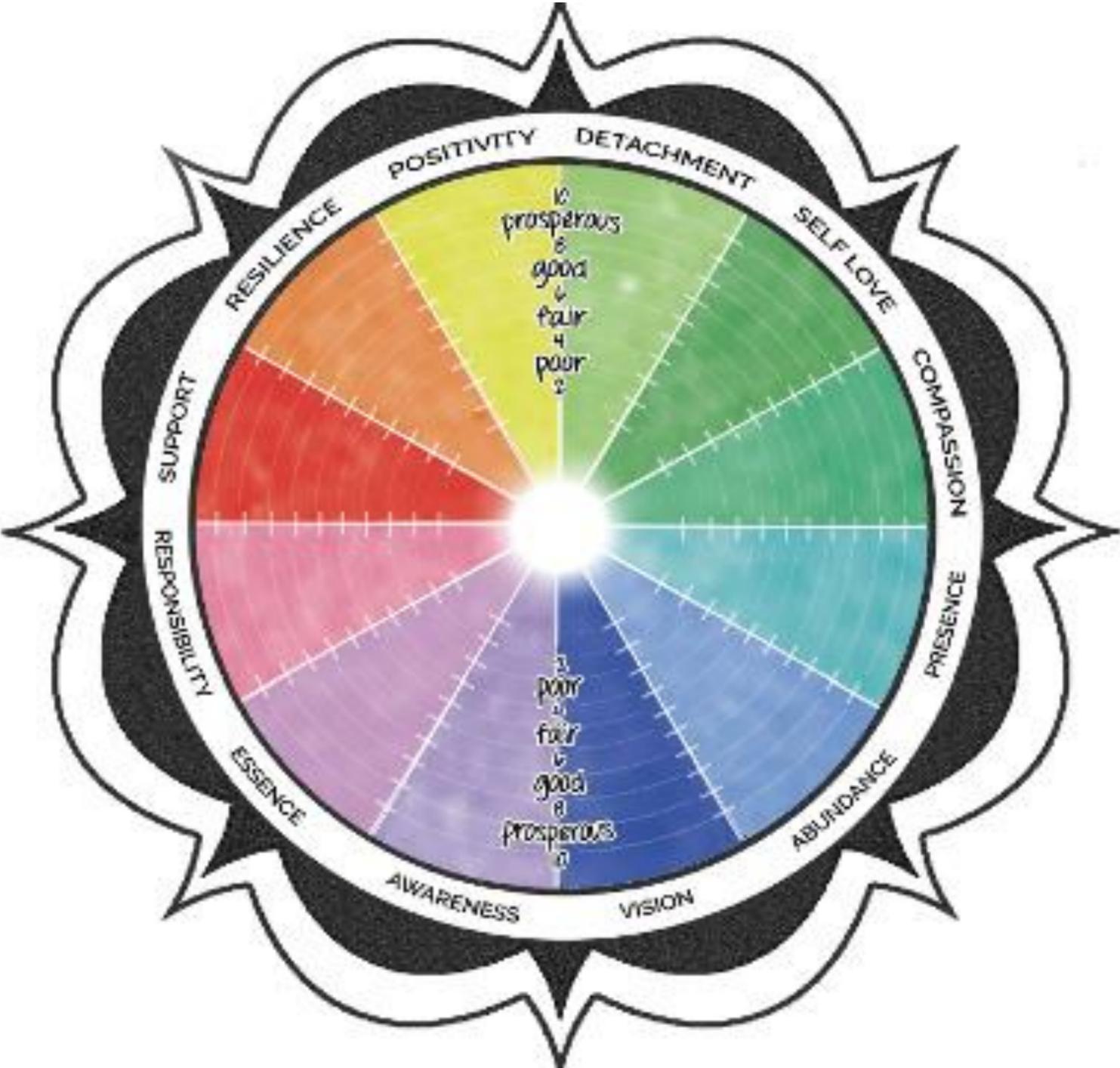
A silhouette of a person with long hair, seen from behind, with their arms raised in a gesture of triumph or celebration. The background is a vibrant sunset or sunrise sky, transitioning from a deep orange near the horizon to a dark blue at the top. The overall mood is one of empowerment and achievement.

**LIVE, LEAD & SUCCEED**

**WITH POWER + HEART**

**JOYCE MARTER, LCPC, CSP®**

# THE INFUSION REVOLUTION



# HEART

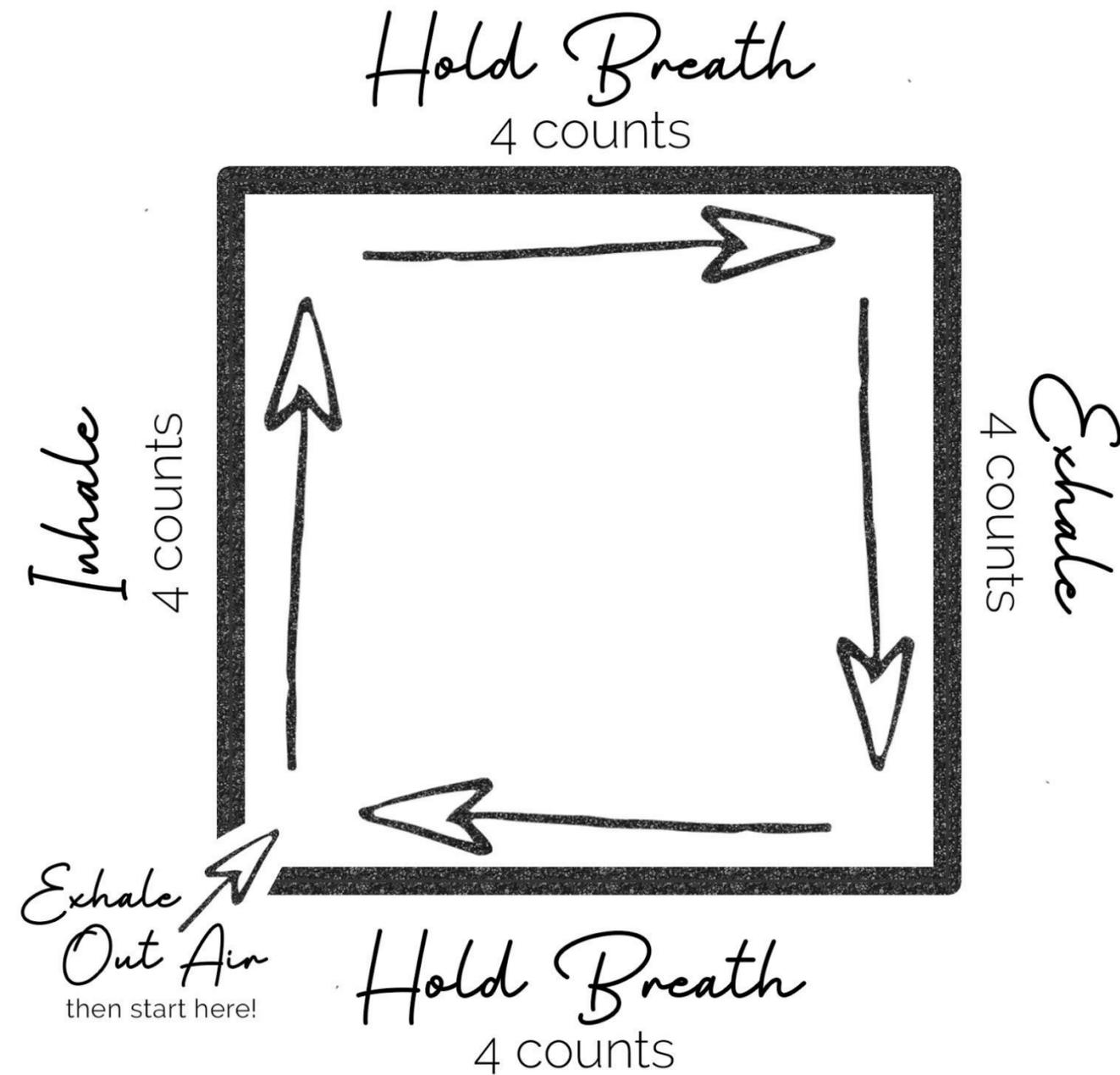


- **Presence**
- **Essence**
- **Compassion**
- **Self-Love**
- **Support**
- **Detachment**

**PRESENCE**



# BOX BREATHING



**ESSENCE**

**COMPASSION**



**SELF-LOVE**



# SUPPORT



# DETACHMENT



# Guided Meditation

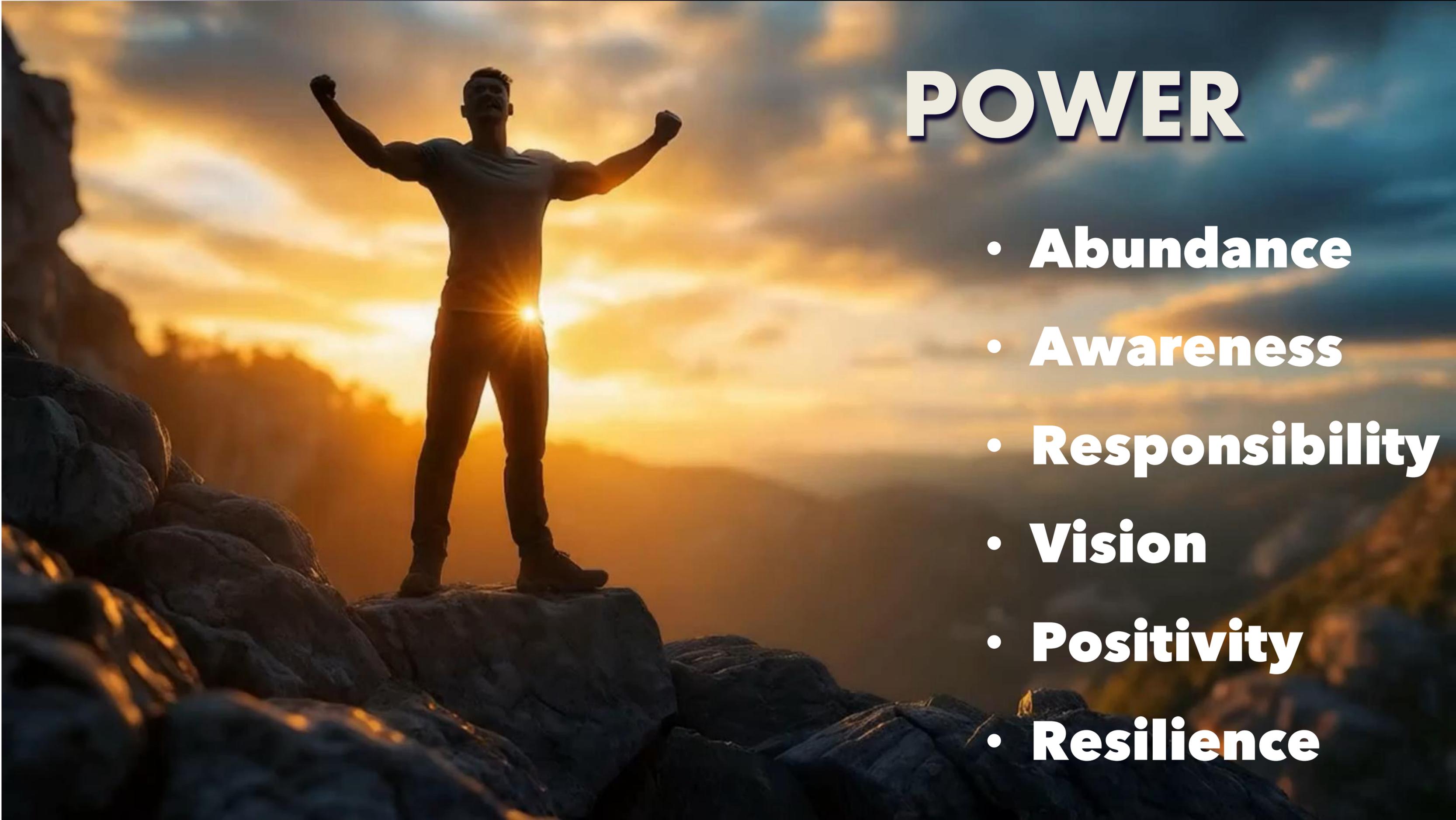


# Heart: Call to Action



**01** How can I be more loving to myself?

**02** How can I be more loving to others?



# POWER

- **Abundance**
- **Awareness**
- **Responsibility**
- **Vision**
- **Positivity**
- **Resilience**

# ABUNDANCE





**SELF-AWARENESS**



**RESPONSIBILITY**

**VISION**

**POSITIVITY**



# RESILIENCE



# **Power:** Call to Action

**Shift from:**

**Blame**

**Helplessness**

**Hopelessness**

**Shift to:**

**Empowerment**

**Action**

**Tenacity**



# The "Act As If" Technique



**Give feedback to Joyce Marter**



**INFUSION**

**LIVE, LEAD & SUCCEED  
WITH POWER + HEART**



**THANK YOU!**



# Thank You!

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INFUSION