

Joyce Marter, LCPC, CSP®

Speaker & Trainer on Mental Health, Financial Mindset &
Holistic Success “America’s Workplace Therapist”
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Presentation Formats:

- Keynote Address
- Breakout Session
- Corporate Training
- Workshop
- Webinar
- Fundraiser Talk
- University Talk
- Commencement Speech
- Executive Retreat
- Panel Discussion
- Continuing Education Training (CEs available)

Topic Categories:

- Leadership
- Mental Health
- Mindset
- Burnout
- Psychological Safety
- Healthy Workplace Culture
- Work-Life Harmony
- Financial Wellness
- Mindfulness & EQ
- Resilience
- Motivational

Signature Presentations

1) The Infusion Revolution: How to Live, Lead & Succeed with Power + Heart

Category: Burnout · Mental Health · Leadership

Ready to lead with more joy, purpose, and impact—without burning out? It’s time for a new kind of revolution.

In this inspiring and energizing keynote, acclaimed psychotherapist and entrepreneur Joyce Marter invites you to join The Infusion Revolution—a bold movement to lead and live with both strength and soul. In the midst of “The Great Exhaustion,” Joyce offers a refreshing, science-backed path forward: one where success doesn’t mean sacrifice, and where ambition is fueled by empathy, resilience, and heart.

Drawing from 25 years of counseling thousands of clients, Joyce shares 12 powerful pillars of holistic success—six rooted in power (like abundance, vision, and resilience) and six in heart (like presence, compassion, and self-love). With humor, warmth, and deeply relatable stories, she’ll help you reframe burnout as a wake-up call and step into your next chapter with clarity and courage.

You’ll walk away ready to:

- Reframe burnout as a powerful call to lead with authenticity and heart
- Become unstuck by tapping into your personal power and purpose
- Balance ambition with compassion to boost well-being and performance
- Inspire a culture of empathy, trust, and sustainable success

This unforgettable session wraps with a short guided meditation to recharge your spirit—and ignite your next-level leadership.

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2) The Financial Mindset Fix: How to Leverage Your Psychology of Money

Category: Finance · Mental Health · Leadership

What if the key to unlock financial success is your mindset? In this innovative and energizing keynote, Joyce Marter unpacks the powerful connection between mental health and financial wealth. With warmth, wit, and real-world examples, she guides audiences through the emotional undercurrents of money anxiety, financial trauma, subconscious biases, and the boundaries we often fail to set—both at work and at home.

This engaging session sheds light on the thoughts and beliefs that quietly drive our financial decisions and offers practical strategies to shift from scarcity to abundance, fear to confidence, and helplessness to empowerment.

Attendees will leave with a Financial Mindset Toolkit to:

- Identify and release limiting beliefs about money
- Heal from financial trauma and reduce money-related stress
- Understand common money biases that drive self-sabotage
- Set healthy financial boundaries personally and professionally
- Cultivate an abundance mindset rooted in clarity, self-worth, and resilience

Fresh, relatable, and empowering—this talk will forever change the way your audience thinks about money..

3) The Psychology of Success

Category: Leadership · Success · Mental Health

What sets truly successful people apart isn't just talent or hustle—it's mindset. In this high-energy, thought-provoking keynote, psychotherapist, entrepreneur, and success strategist Joyce Marter reveals the hidden psychological patterns that make or break our personal and professional lives.

Drawing from over 25 years of clinical and business experience, Joyce blends science, soul, and storytelling—complete with humor, vulnerability, and real-life client breakthroughs. Attendees will explore 12 powerful mindsets of holistic success, from abundance and vision to self-love and resilience, and walk away inspired to rewrite their own story of what's possible.

Whether you're leading a team, building a business, or striving to level up your life, this keynote is your roadmap to achieving success from the inside out—with heart, purpose, and intention.

Learning Objectives:

- Identify and cultivate the 12 key mindsets that drive holistic success
- Apply cognitive-behavioral and mindfulness tools to overcome self-sabotage
- Receive innovative self-assessment tools to support mental wellness and growth
- Design a personalized action plan to increase resilience, clarity, and achievement

This session will energize your audience, expand their mindset, and equip them to lead, live, and succeed with purpose—and joy.

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4) Mental Health Triage in the Workplace

Category: Mental Health · Leadership

Mental health isn't just a personal issue—it's a leadership imperative. In today's high-stress world, your workplace may be the front line for someone in crisis. This powerful and compassionate session empowers leaders to recognize and respond to mental health challenges before they become emergencies. Because when we know what to look for and how to respond, we can quite literally save lives.

With warmth, clarity, and decades of clinical expertise, Joyce Marter teaches leaders how to create psychologically safe spaces where employees feel seen, heard, and supported. This training isn't optional—it's essential. It helps prevent burnout, substance misuse, and even suicide, while also fostering trust, morale, and productivity. It's time to break the silence and lead with heart.

Learning Objectives:

- Identify early warning signs of mental health and substance use challenges among employees
- Use trauma-informed, empathetic communication strategies to offer meaningful support
- Understand legal and ethical considerations, including confidentiality and reporting obligations
- Create a culture of psychological safety that promotes resilience, connection, and organizational well-being

This session is more than a workshop—it's a call to action. When we prioritize mental health, we protect our people and elevate our culture.

Popular Add-On: Mindfulness Experience for VIPs

Treat your VIPs to a restorative and empowering experience designed to calm the mind, ground the body, and elevate performance. This mindfulness-based session offers high-level leaders the opportunity to pause, reset, and reconnect with their purpose in a fast-paced world. Through guided breathwork, visualization, and simple practices grounded in neuroscience and psychology, participants will cultivate clarity, focus, and emotional resilience. Ideal for executive retreats, leadership summits, or high-stakes events, this experience enhances wellbeing while setting the tone for intentional, heart-centered leadership.

Key Benefits:

- Reduces stress and improves mental clarity
- Enhances emotional regulation and decision-making
- Promotes presence, creativity, and resilience
- Strengthens connection to self and others

Perfect as a pre-conference VIP offering, leadership breakout, or closing experience to leave your most valued guests recharged and inspired.