Using Your Intersectionality to Be Strong Allies & Advocates

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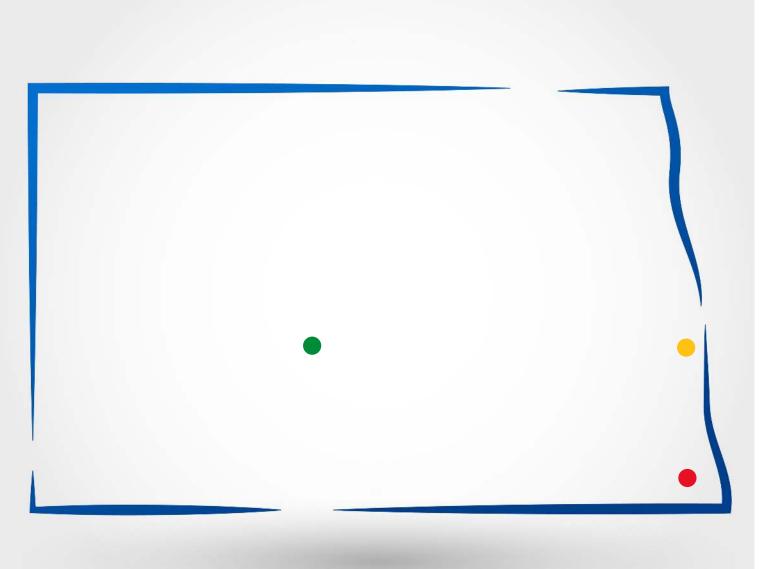
Handouts



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Where is this?

What is Intersectionality

"the interconnected nature of social categorizations such as race, class, and gender as they apply to a given individual or group, regarded as creating overlapping and interdependent systems of discrimination or disadvantage."

Oxford Dictionary



First used by Kimberle
Crenshaw in 1989 to
identify the multi-layered
identities that impact how
individuals are impacted by
discrimination and access to
power.



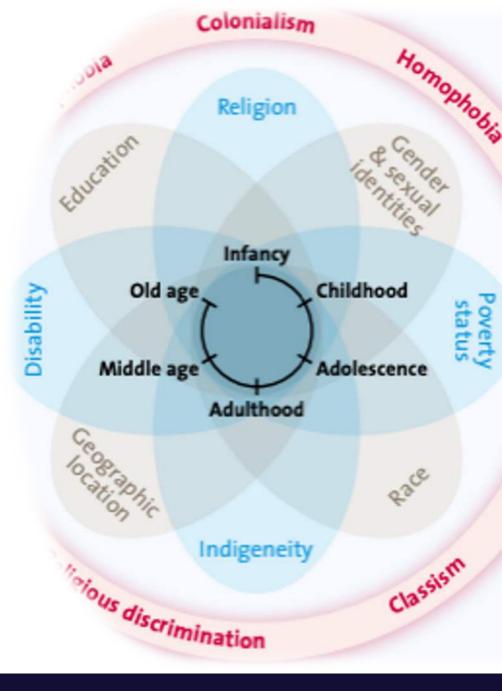


Intersectionality

Can include but not limited to:

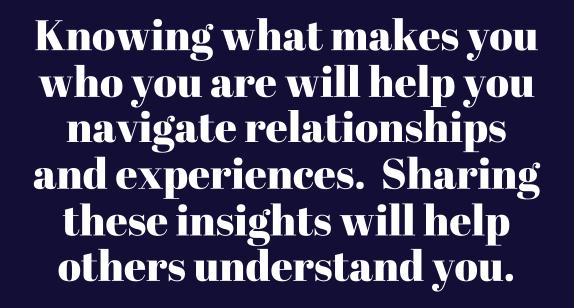
- gender
- race
- ethnicity
- language
- faith
- age group
- socioeconomic status

- education level
- disability
- location
- relationship status
- sexual orientation
- citizenship status
- housing
- family



Who are vou?









We are walking around in our bubble



When our bubbles collide, what do you allow others to see?

What do you take time to see?



What rules or story to you give others?



"Be Curious not Judgmental"

Ted Lasso



Implicit from Harvard

Assessment to find hidden bias

Intersectionality areas can be used to limit access to opportunities and contribute to discrimination.

Marginalized intersectionality identities can separate an individual from other identities of privilege.



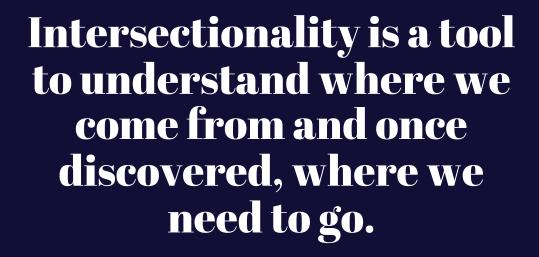
LESS FREEDOM

Keeping intersectionality in mind throughout our day can ensure that individuals are not left out and they can access all of the benefits.

Using intersectionality areas of privilege to build others up and provide access to what has been denied.

Using a strengths-based approach of identity as insight for inclusion.







How Does intersectionality Impact Your Environment?

You give or take access to resources to those around you based on identities and perceived identities.

Brave Space vs Safe Space

We can not always create a perfect safe space like we want, but we can strive to create a brave space that we need.

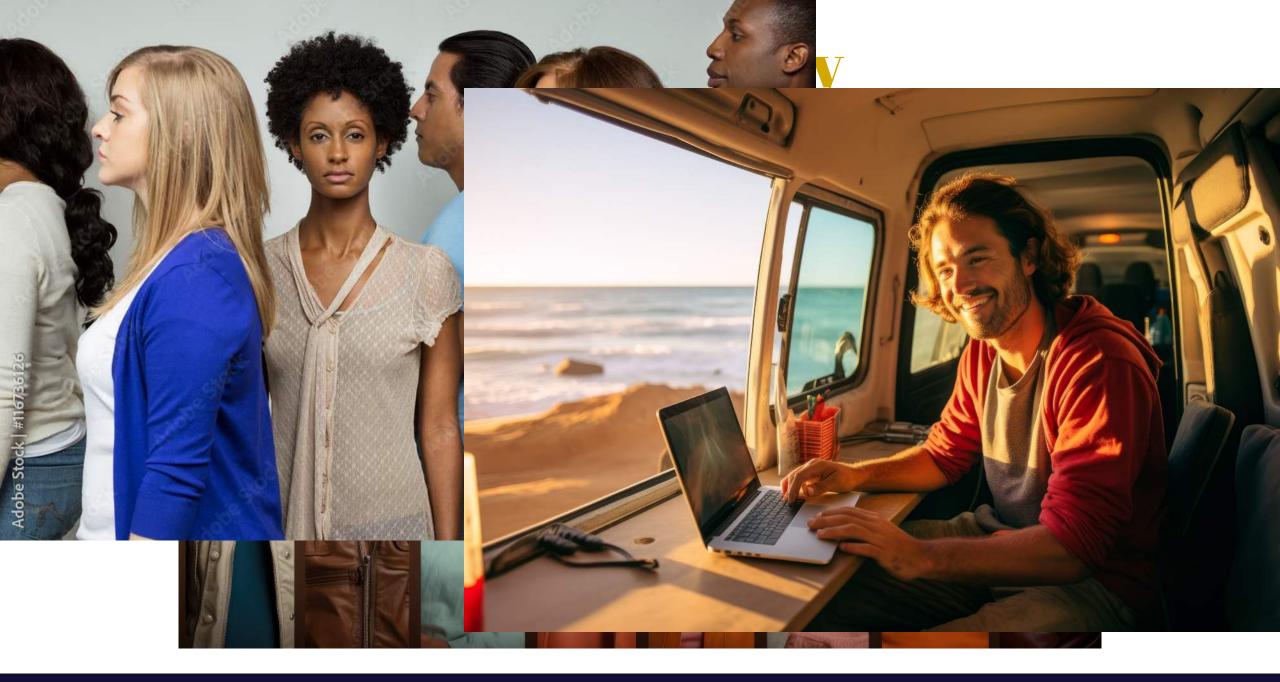
Take time to find out what is needed and consult on what we think we know.

What do we mean by Privilege?

It does not mean you haven't experienced hardship or oppression. It does mean you have not had to think or face hardships based on your identity.

Be aware of your own power, privilege, attitudes, and beliefs.

- Think about the *factors that influence your personal values*, experiences, interests, beliefs, and political commitment and how they relate to social and structural identities (e.g., gender identity, race, ethnicity, indigeneity, socioeconomic status, sexuality, disability, age, sexual orientation, immigrant status, faith, etc.) as well as processes of oppression (e.g., patriarchy, colonialism, capitalism, racism, heterosexism, etc.)
- Take time to reflect honestly and critically on how your own beliefs and attitudes can cause you to pass judgement on others.
- If you believe that you are free from any responsibility and accountability in the role you may
 play in someone else's oppression, check yourself again and consult with others.
 Actively try to step out of your comfort zone and see things from the perspective of people
 who are directly experiencing forms of oppression.



Promote brave and meaningful dialogue

- Set a goal to make sure all your working spaces are brave, welcoming, and accessible
- Pay attention to what others are expressing and don't be afraid to ask
- Be sensitive and empathetic and prioritize this over extracting information from a person or interaction.
- Pay attention to your words. Do you actively encourage others to challenge you and call you out?
- . **Be flexible and willing to try** different methods to enable equal participation.

Consent must be free and informed

- Building trust and brave spaces is contingent upon respecting people's choices and autonomy
- Never speak on behalf of people without their free and informed consent.
- Be aware that some people with disabilities may have support provisions in place to assist them.

Maintain confidentiality and privacy

Provisions for privacy, security, and safety should be equally available to everyone

People are unlikely to disclose information to you if they do not feel safe with the knowledge that you will maintain their confidentiality and privacy, so it may take some time to build their trust first.

Ensure safe feedback mechanisms

- Feedback mechanisms which can process issues from general feedback to complaints – have become tools for learning, accountability, and transparency.
- Offer more than one feedback channel for people to provide feedback over serious concerns such as abuse, exploitation, violence, bullying, harassment, fraud, etc. and make sure people are aware of all the available options.
- Effective feedback mechanisms also require proactively seeking feedback. Many people experiencing oppression will not necessarily be confident to complain or may be too fearful of the repercussions of their complaint, especially if it is towards someone with power over them.

Be equipped to refer people onto support services

- Depending on the person and their circumstances, oppression and discrimination can result in trauma and being in a situation of risk.
- If your meetings or workshops cover sensitive or triggering topics, it is important that the facilitators have planned strategies to respond to deep emotion if it emerges among participants.
- Keep an updated list of local contacts ready in case you need to make referrals to psycho-social support services, medical centers, shelters, relevant police departments, etc.

What does your physical space look like?

Take time to map out your physical space marking out items that enhance the space and items that might cause some to feel unwelcomed.

"When we identify where our privilege intersects with somebody else's oppression, we'll find our opportunities to make real change."

Ijeoma Oluo, <u>So You Want to</u> Talk About Race

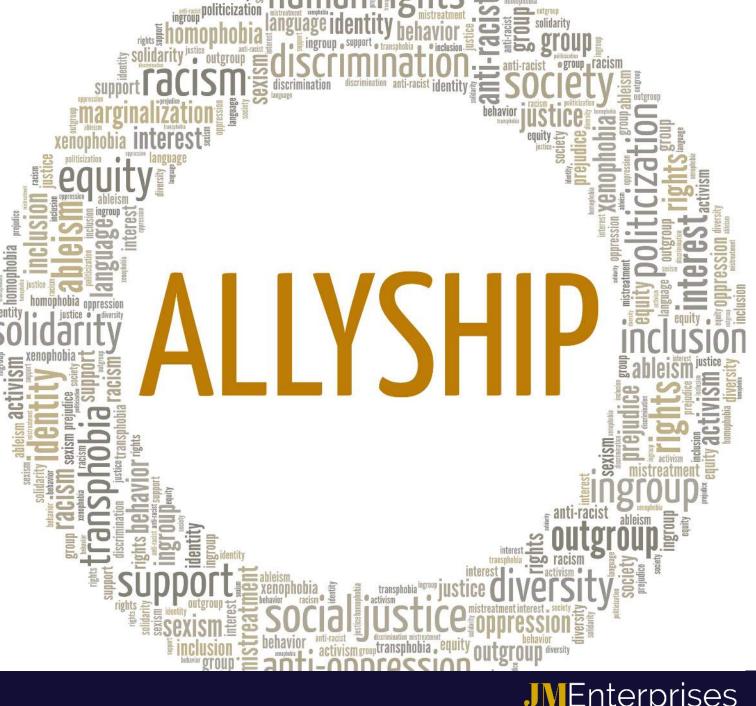




Allies and Advocates

Allies:

- one that is associated with another as a helper: a person or group that provides assistance and support in an ongoing effort, activity, or struggle
- Advocates:
 - one who defends or maintains a cause or proposal
 - one who supports or promotes the interests of a cause or group
 - one who pleads the cause of another



What are you doing now as an Ally or Advocate?

Using Your Intersectionality

 What identities do you possess that can benefit those that do not?

How can you use this as an ally or advocate?

Put it on paper -

We need the support and challenge to relationships where there is a shared commitment to speak our truths and hear each other all the way through, no matter how uncomfortable the revelations may make us.

Melanie S. Morrison





The Work Ahead

- Identifying within our intersectionality identity our spheres of influence and how to use those for others.
- Creating a brave space for individuals to be their true selves and can have discussions without filtering themselves and be truly heard.
- Analyzing the context in which Intersectionality is taking place.
- Put into action plans

Intersectionality Spere of Influence

After recording your intersectionality, consider which ones are areas that can be used to support others.

Have open discussions once a brave space has been created to ask who needs this support.

You now have a menu of support that you can provide.

Creating a Brave Space Considerations

- Be aware of your own power, privilege, attitudes, bias, and beliefs.
- Promote safe and meaningful dialogue
- Factor in accessibility and reasonable accommodations
- Be sensitive to time and space

Creating a Brave Space Considerations

- Consent must be free and informed
- Maintain confidentiality and privacy at all times
- Ensure safe feedback mechanisms
- Be equipped to refer people on to support services

Analyzing Intersectionality Context

- Agency, commitment, knowledge and skills
 - Name two to three major aspects of individual and family life and expectations that currently affect the wellbeing and rights
- Access to and control over resources and opportunities
 - Name two to three major dynamics and actors that impact access and control over resources and opportunities

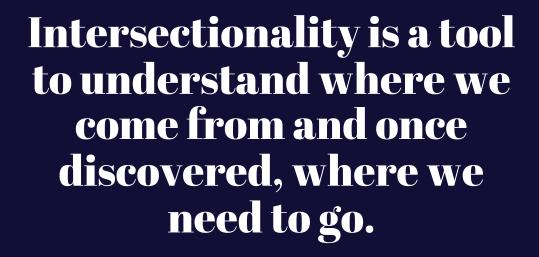
Analyzing Intersectionality Context

- Laws, policies, programs, resource allocation, accountability mechanisms
 - Name two to three government policies, laws, institutions or decision-makers that are currently affecting those most marginalized in your context
- Social norms, attitudes, exclusionary practices
 - Name two to three major ideological and cultural forces and beliefs that are currently affecting groups

Take Action

- Based on what was discovered, create a plan that identifies what needs to be address, who it will impact, and the parties that need to be involved.
- Create SMART goals to focus efforts and to ensure all parties are on the same path.

Become a Role Model! People are watching you.







Thank you!

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Resources /Scan here!

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