

Endorsements for *The Financial Mindset Fix* by Joyce Marter

"In this wonderful new book, successful therapist Joyce Marter gently takes you by the hand and walks you down the path toward better mental health and a more abundant financial life. Her twelve unique mindsets will revolutionize your relationship with money and significantly improve the way you view yourself. An insightful, worthwhile read!"

Stephen M. R. Covey

Author of New York Times and #1 Wall Street Journal
Bestseller *The Speed of Trust*

"Joyce Marter's book is a generous offering to us all. *The Financial Mindset Fix* is a book about our relationship with money, but really, it is a book about our relationship with ourselves. Joyce seamlessly weaves together research, clinical wisdom, personal narrative, and real-world examples, and she offers powerful tools designed to help you 'walk the talk.' This practical and wise guide is a worthwhile investment indeed!"

Alexandra H. Solomon, PhD

Faculty at Northwestern University, Licensed Clinical Psychologist
at the Family Institute at Northwestern University, and
Author of *Loving Bravely* and *Taking Sexy Back*

"The author's voice is calm, assuring, and empowering, and her years of experience guiding her clients through the minefield of personal finances shine through every page. This is a wonderful book on achieving financial success, without a doubt. But it's also much larger than that. It speaks to creating a full, rich life of abundance and possibility. *The Financial Mindset Fix* is a must-read."

John Duffy, PsyD

Clinical Psychologist and Author of *Parenting the New Teen in the Age of Anxiety*

“Joyce Marter provides a useful tool for improving your money mindset. The Financial Mindset Fix will help put you on the path to achieving your financial goals.”

Charlene Walters, MBA, PhD

Author of Launch Your Inner Entrepreneur

“What I really like about this book is that you can work with it. It can be very valuable for anyone who seriously wants to improve their financial situation and who is willing to apply themselves. This volume gives you all the tools needed to move into greater abundance.”

Rick Jarow, PhD

Author of Creating the Work You Love

“This is the book that the money genre has needed for decades. Instead of ‘to-do lists’ or surface coaching, Joyce Marter blows the doors off of two typically taboo topics in our culture: money and mental health. Her gentle, honest, and knowledgeable style will guide you through a deep dive to uncover and address whatever is blocking your personal prosperity.”

Sherrie D. All, PhD

Author of The Neuroscience of Memory: Seven Skills to Optimize Your Brain Power, Improve Memory, and Stay Sharp at Any Age

“The Financial Mindset Fix not only changed the way I look at money but explained why I was sabotaging myself and how to shift my thinking and behavior. Never before have I equated my mental health with wealth. Now I do. This book has changed my life.”

Corrine Casanova

Daily House Publishing

“Joyce Marter’s book, *The Financial Mindset Fix*, should be required reading for all. Like so many things we may want to ‘fix,’ there is no magic pill, yet Joyce sets out to give us the tools through her proven mental fitness plan that get us on the path to a more abundant life. It is easier to visualize success with Joyce’s actionable steps and doses of inspiration that leave you feeling as if you had the best meeting with your trusted therapist and financial advisor. I will be recommending this book to all my friends and colleagues.”

Amy Boyle

Founder of the 52 Phenomenal Women Project, Photographer,
and Brand Ambassador for O, The Oprah Magazine

“If you want to enjoy the financial journey, it starts with your mindset. In *The Financial Mindset Fix*, Joyce gives you the insights and tools you need to fix your mindset and start enjoying your financial journey.”

Tim Kenny, CPA, CMA, CVA

Certified Profit First Professional

“Joyce Marter’s business, Urban Balance, was one of the platform acquisitions to form Refresh Mental Health, a collection of top clinical mental health practices across the country. Joyce is a national leader in the field of outpatient mental health counseling and has been a leader for Refresh from Day One. In this book, Joyce shares her clinical wisdom and entrepreneurial savvy in a way that is both straightforward and inspiring. She provides practical tools we all can use to promote both our mental and financial health and well-being.”

Steve Gold, JD, MPH, MBE

CEO of Refresh Mental Health

"An abundant life is possible when we commit to establishing clear core values, which we learn from doing the work to become mentally healthy humans. The Financial Mindset Fix is an invitation to cultivate a solid, inside out, and holistic approach to leading the lives we most desire. Joyce Marter is our wise, unwavering, and trustworthy guide."

Nadine Kelly, MD, E-RYT

"WOW! I truly have not read such a powerful, compassionate, engaging book before! I love the therapeutic activities and practicality of the mental and financial wellness activities and theory applications. The next time I teach practicum and internship, this book will be required. Just simply amazingly outstanding, and what a joy!"

Sandra L. Kakacek, EdD, LCPC

Associate Professor and Core Faculty of the Clinical Mental Health
Counseling Program at Adler University

"Joyce Marter is one of the finest mental health speakers in the country. When she incorporated her expertise into a book for those of us who sometimes struggle with balancing life and our finances, I was thrilled! The Financial Mindset Fix is the perfect remedy for creating more abundance and peace of mind, both inside and out."

Nancy Vogl

Founder of Nancy Vogl Speakers International

"Revealing and rewarding for your mind, body, and bank account! The Financial Mindset Fix gets you into action from page one with power-packed mental fitness exercises to reclaim work-life balance, live in a flow of abundance, and dream big dreams again."

Cara Bradley

Mental Fitness Coach and Author of *On the Verge: Wake Up, Show Up, and Shine*

"The greatest barriers to compassionate people solving our greatest global challenges are issues around finances. Whether it is shame, or guilt, or anger, so many people with brilliant ideas or great intentions fail in their missions because they haven't yet resolved their own personal issues around money, myself included. I'm thrilled to see the brilliant Joyce Marter take on this issue with a holistic, action-oriented approach.

"Many people try to resolve financial issues from a strictly action-oriented approach, yet I know from my time at American Express, finances are both emotional and motivational. Many feel hopeless, or despairing and helpless, around finances because they don't have the tools necessary to get to hope, which includes both positive feelings and inspired action. Joyce does an exceptional job with this dual approach, sure to impact those with kind hearts so they can generate success. Wealth is a powerful tool in the right hands for solving many of our greatest global challenges. And we can't solve our global challenges until we solve our own personal challenges."

Kathryn Goetzke, MBA

Founder of iFred, Host of The Hope Matrix Podcast, Author of The Biggest Little Book About Hope, and Chief Mood Officer at The Mood Factory

"Joyce Marter normalizes mental health challenges with humorous stories that are so relatable. She shares her wisdom through practical strategies and tips to create holistic wellness and abundance. The Financial Mindset Fix is a tutorial for improving not only your financial health but also your emotional and relational health. As a dating and relationship coach, I will be recommending this book to all my clients who are seeking greater prosperity in their relationships and their bank accounts."

Bela Gandhi

Founder of Smart Dating Academy

"If you're trying to achieve more happiness personally and professionally, this is required reading. Joyce's wisdom connecting mental health and wealth is really a breakthrough. I learned several things about myself as a woman and our sometimes-unique feelings about money. Because of Joyce, I have been able to make a few changes with immediate results. As a public speaking and media trainer, I know how much confidence and self-worth are tied to financial success. I will be giving this book to my clients."

Kathryn Janicek

Three-time Emmy Award-Winning Media and Public Speaking Trainer

"Well, this is quite a delicious book! A compendium, really. Joyce has taken a huge step by combining mental and spiritual well-being with twelve mindsets that are necessary to heal and empower our relationship with money. I've read scores of books on financial abundance but have never encountered one that is so thoroughly researched. Or one that so exquisitely supports us to engage authentically with guided self-assessments, called wheel exercises, that are linked to the twelve mindsets. What has all this work on ourselves got to do with our finances? Everything! Marter maintains that how we feel and think about ourselves and our ability to deserve a good life are intimately linked to these mindsets. The best part? Throughout the book, she shows us how to heal what's been holding us back from living the financial life we were meant to live."

Maria Nemeth, PhD, MCC

Founder and Director, Academy for Coaching Excellence

"Too many dreams are deferred because dreamers believe they lack the money to fund them or, even worse, that they can't attain financial abundance. The Financial Mindset Fix shows you that it's really head trash about money keeping us stuck and provides the tools to take out the trash. Read this wonderful book to clear the way for you to finally get to bringing your dreams to life."

Charlie Gilkey

Author of the Award-Winning Start Finishing

“Joyce Marter’s *The Financial Mindset Fix* provides a counselor’s approach that of well-being to ease the ever-present stress of financial instability. Applying empirically supported tools and techniques used by professional counselors, Joyce guides you through shifting beliefs around finances with the objective of leading you to holistic success in your wallet and your mental health! Her premise is that when you love what you do and are doing good in the world, prosperity is available to you.

“Marter’s book resonated with me not only as an entrepreneur but as a career counselor for more than thirty years, helping thousands of clients reach their goals. With this accessible and impactful book, Marter’s contributions to the counseling profession continue to be significant and relevant. An inspirational game changer!”

Sue Pressman, PhD, LPC

President, American Counseling Association 2020–2021

“Good mental health multiplies financial worth many times. Said differently, financial wealth is a mirage without good mental health. In this book, Joyce Marter provides a brilliant mix of bite-size lessons and easy-to-use tools for everyone to achieve good mental health. The book contains examples of how good mental health has helped adults and professionals in their personal life, career, and finances. She even discusses her own journey from financial struggle to being a very successful entrepreneur.”

Mike Adhikari, MBA

Mergers and Acquisitions Advisor

“*The Financial Mindset Fix* shows us what’s truly driving our financial behavior. This is a comprehensive guide to financial wellness, and the chapter on resilience is excellent. Joyce shows us how to approach and overcome the inevitable financial setbacks.”

Spencer Sherman

Founder and advisor, Abacus Wealth Partners, and Author of *The Cure for Money*

Madness: Break Your Bad Money Habits, Live Without

Financial Stress and Make More Money!

"Before reading this book, I was working very long nights, and it took a toll on my mental health. After reading *The Financial Mindset Fix*, I learned that boosting my mental health was the key to unlocking my financial dreams. By working through the mental fitness program, I began to envision and create a more abundant life for myself. Soon, I turned my passion for reading and writing into a new business in which I help authors write books. Today, I feel energetic, resilient, and confident in achieving my financial dreams."

Simon Golden, PhD

Editor, Book Coach, and Researcher

"I have to admit that I was skeptical before reading this. I am a hardcore numbers person, and a book that discussed our emotional relationship with money did not seem like one I would embrace.

I could not have been more wrong. This book is a game-changer, not only from a financial perspective, but across all of my relationships. *The Financial Mindset Fix* seamlessly navigates theory with real-life pragmatism, which results in a very useful tool that can guide all of us to make better decisions for a better life."

Jack McCullough

President of the CFO Leadership Council