



Licensed Psychotherapist & National Speaker  
[www.joyce-marter.com](http://www.joyce-marter.com)

**Joyce Marter, MA, LCPC**

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**EDUCATION**

**Northwestern University** | Evanston, Illinois | September 1994 - May 1996

Master of Arts in Counseling Psychology

**The Ohio State University** | Columbus, Ohio | September 1990 - June 1994

Bachelor of Arts in Psychology, Minor in Spanish

Graduated Cum Laude with Honors and Distinction in Psychology

**LICENSURE**

**Licensed Clinical Professional Counselor (LCPC)** in Illinois | Dec. 1998 - Present

**BOARD WORK**

Midwest Region Past - Chair | American Counseling Association | July 2019 - July 2020

Midwest Region Chair | American Counseling Association | July 2018 - July 2019

Midwest Region Chair-Elect | American Counseling Association | July 2017 - July 2018

Insurance Task Force Member | Illinois Counseling Association | July 2013 -

Present Past-President | Illinois Counseling Association | July 2017 - Present

President | Illinois Counseling Association | July 2016 - July 2017

President-Elect | Illinois Counseling Association | July 2015 - July 2016

President Elect-Elect | Illinois Counseling Association | July 2014 - July 2015

Division Representative | Illinois Counseling Association | July 2013 - July 2014

President | Illinois Mental Health Counselors Association | July 2013 - July 2015

Vice-President | Illinois Mental Health Counselors Association | July 2012 - July 2013

Membership Chair | Illinois Mental Health Counselors Association | July 2011 - July 2012



## **AWARDS AND HONORS**

Distinguished Service as President Award 2017 | Illinois Counseling Association  
Past Presidents Award 2015 | Illinois Mental Health Counseling Association  
Distinguished Alumni of the Year 2008 | The Family Institute at Northwestern University  
40 Under 40 List 2010 | Crain's Chicago Business

## **PROFESSIONAL EXPERIENCE**

### **Chief Brand Ambassador & Senior Advisor to the CEO | Refresh Mental Health | Oct. 2017 - Present**

Provide marketing, public relations, and consulting services for a \$150M corporation and national leader in behavioral healthcare.

### **Founder & Psychotherapist | Urban Balance, LLC | Feb. 2004 - Present**

#### **CEO & Owner | Urban Balance, LLC | Feb. 2004 - Oct. 2017**

Founded and lead insurance-friendly outpatient mental health company which today has over 150 therapists practicing from sixteen locations in five states. Successfully sold the company to Refresh Mental Health in October of 2017.

Worked with insurance companies, managed care companies, employee assistance programs, and addictions treatment facilities nationwide.

Psychotherapist for individuals, couples, families, and groups dealing with mental health, relationship, career, and addictions issues.

Specialist in self-esteem, mindfulness, dual diagnosis, mood disorders, anxiety disorders, codependency, career, and the psychology of money.

Developer and facilitator of workshops, trainings, and presentations for schools, universities, and corporations on issues related to psychology, addiction and wellness.

### **Adjunct Faculty | The Family Institute at Northwestern University | Sept. 2005 - Present**

Clinical Supervisor for masters-level therapists-in-training serving in the following supervisory capacities since 2005: Preceptor, Site Supervisor, Triadic Supervisor, and Case Conference Supervisor.



Professor for the Master of Arts in Counseling program, teaching Advanced Topics in Clinical Mental Health since 2019.

Professor for Counseling@Northwestern's Master of Arts in Counseling program, teaching Introduction to Clinical Practice, Introduction to Clinical Interviewing, and Current Topics in Counseling since 2020.

**President & Owner | Joyce Marter Enterprises, Inc. | Sept. 2017 - Present**

National public speaking services as a keynote speaker, continuing education provider, corporate trainer, and motivational speaker.

Consultant to therapists in private practice, group practices, and behavioral health organizations on marketing, business development, and practice management. Senior Advisory Consultant to behavioral health corporations.

Author of a book, articles, and blogs related to mental health and wellness.

Expert witness in malpractice cases involving professional counselors.

Psychotherapist contracted with national employee assistance programs to provide Critical Incident Stress Debriefings (CISDs).

**Account Manager & EAP Counselor | Employee Resource Systems, Inc. | Sept. 1998 - June 2002**

Managed over 30 national corporate accounts in a variety of industries, including labor unions, financial institutions, hospitals, and businesses.

Developed and facilitated corporate training seminars on drug and alcohol education, communication skills, stress and conflict management skills, and management skills.

Provided drug-free workplace program services, change management, organizational development, executive coaching, and marketing/sales.

Counselor and managed care case manager responsible for diagnostic assessment, brief treatment, treatment recommendation, and referral services for clients dealing with chemical dependency, substance abuse, addiction, mental health, and relationship issues.



Provided Substance Abuse Professional (SAP) evaluations for impaired professionals and people who tested positive for drugs or alcohol in the workplace.

Conducted management consultations, job performance referrals from management or Human Resources, Critical Incident Stress Debriefings (CISDs).

Facilitated EAP orientation presentations and EAP education for client companies.

**Psychotherapist | The Institute for Adolescent Development | July 1996 - Nov. 1998**

Therapist for individual adolescents and adults, couples, families and groups dealing with mental health, addiction, academic, and relationship issues.

Consultant, presenter, and educator at public and private educational institutions on drug and alcohol abuse, mental health, and psychological issues.

**Program Manager, Addictions Counselor | Family Guidance Centers, Inc. | July 1996 - Dec. 1997**

Responsible for providing drug and alcohol assessments, education, treatment planning, individual and group counseling, referral services, and treatment coordination for individuals recovering from drug and alcohol addiction.

Manager of team of clinicians and case managers in the IV Drug Users/HIV Program. Conducted drug and alcohol and HIV/AIDS education and staff training.

Manager of harm reduction needle exchange program in collaboration with Chicago Recovery Alliance and Test Positive Aware Network (TPAN).

Developer and facilitator of groups, trainings, and workshops on addiction.

**PUBLICATIONS**

**Books:**

*The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life* (Sounds True, July 2021). Available for pre-sales January 2021 in hardcover, paperback, and Audible versions. The book will also be printed in Spanish and distributed throughout Spain and Latin America.



### References in Books:

- Dennis, John P (2019). *The Single Mom, Her Son, and the Strawman*.
- Spielman, Gina (2018). *The Blueprint for Vibrant Health: A Guide to Healing the Mind, Body and Spirit*. CreateSpace Independent Publishing Platform.
- Cummings, Debra (2018). *A Simple Path to a Miraculous Life*. Bloomington, IN: Balboa Press.
- The Editors of Real Simple (2017). *Find Your Balance: Creating a Calm and Happier Life*. Time Inc. Books.
- J. Martin Ramirez (2017). *Cyberspace: Risk and Benefits for Society, Security and Development*. New York, NY: Springer Publishing.
- Love, Byron (2016). *IT Project Management: A Geek's Guide to Leadership*. Boca Raton, FL: CRC Press, Taylor & Francis Group.
- Purser, Ronald E. et al. (2016). *Handbook of Mindfulness*. New York, NY: Springer Publishing Company.
- Karmin, Aaron (2016). *Anger Management Workbook for Men*. San Antonio, TX: Althea Press.
- Marini, Irmo, and Mark A. Stebnicki (2015). *The Professional Counselor's Desk Reference* (p 34). Second ed. New York, NY: Springer Publishing Company.
- Veland, Cheryl Lynn M. (2015). *Stop Giving It Away: How to Stop Self-Sacrificing and Start Claiming Your Space, Power, and Happiness* (p 141). SheWrites Press.
- Carter, Candice C., and Linda Pickett (2014). *Youth Literature for Peace Education*(p 117). New York, NY: Palgrave Macmillan, Print.
- Donaldson, Jaleh (2011). *Making Marriage a Success: Pearls of Wisdom from Experts Across America*. Booklocker.com.

### References in Journal Articles:

- Syamala, K., & Arjun, P. (2017). An Empirical Study on Assertiveness among Intermediate Students in Visakhapatnam. *Social Vision*, 32.
- Hills, L. (2016). Conflict Resolution and Management for Medical Practice Terms: Twenty-five Tips. *The Journal of Medical Practice Management*, 32(1): 32-38.
- Walsh, Z. (2016). A Meta-Critique of Mindfulness Critiques: From McM mindfulness to Critical Mindfulness. In: Purser R., Forbes D., Burke A. (eds) *Handbook of Mindfulness. Mindfulness in Behavioral Health*. Springer, Cham, 153-156.
- Harrington, A., & Dunne, J. D. (2015). When Mindfulness is Therapy: Ethical Qualms, Historical Perspectives. *American Psychologist*, 70(7), 621-631.



Barua, Falguni. Emotion in the Work Place (2015). Submitted to the Journal on Organizational Behavior.

Illinois Counseling Association (2014). Pre-Conference Half Day AM Workshop Advanced Private Practice. Take Your Practice to the Next Level!(p. 13) Illinois Counselor. (note: Marter was a faculty member of the pre-conference symposium).

### **Blogs Authored as a Resident Blogger for PsychCentral:**

Authored 75+ posts including the following samples:

Resilience Tips for Loved Ones of Essential Workers During COVID-19 • April 6, 2020  
Mental Health Implications for Essential Employees & Their Families During COVID-19 • April 6, 2020

How to Sell a Therapy Practice • Aug. 12, 2019

How to Promote Gratitude in Children During the Holidays • Dec. 3, 2018

Stuck in a Rut During Midlife Parenthood • June 22, 2018

Sexual Assault Awareness Month • April 9, 2018

How to Encourage Critical Thinking in Kids • March 31, 2018

Consensual Sex is an Ongoing Dialogue, Not Simply a Yes • March 4, 2018

How to Make a Vision Board for the New Year, by Yourself or as Your Family • Dec. 29, 2017

How to Promote Healthy Emotional-Social Development of iGen Teens • Nov. 8, 2017

MeToo: How to Respond to Sexual Trauma • Oct. 16, 2017

How to Cope After Acts of Mass Violence • Oct. 3, 2017

How to Recommend Therapy to Someone: 7 Tips • Sept. 17, 2017

Preparing Yourself and Your Child for the Transition to College • Aug. 1, 2017

5 Steps for Dealing with Grief • March 6, 2017

5 Ways to Be a Less Anxious Parent • March 6, 2017

Applying the 5 Love Languages to Self-Love: How to Love Yourself • Feb. 2, 2016

15 Ways to Live Amazingly & Authentically • Feb. 3, 2015

How to Get Out of a Bad Mood: 12 Tips • Sept. 27, 2014

Let Go and Free Yourself: 21 Strategies • July 30, 2014

How Laughter Can Heal Your Soul • Feb. 25, 2014

7 Ways to Stop Sunday Night Anxiety/Depression • June 30, 2013



**Blogs Authored as a Resident Blogger for The Huffington Post:**

Authored 35+ posts including the following samples:

- [How to Make a Vision Board for the New Year, by Yourself or as a Family](#) • Dec. 29, 2017
- [How to Promote Health Emotional Social Development of iGen Teens](#) • Nov. 7, 2017
- [MeToo How to Respond to Sexual Trauma](#) • Oct. 16, 2017
- [How to Cope After Acts of Mass Violence](#) • Oct. 3, 2017
- [How to Recommend Therapy to Someone](#) • Sept. 26, 2017
- [Self-Love Must Come First: How to Love Yourself](#) • Feb. 16, 2016
- [15 Ways to Live Authentically and Amazingly](#) • Feb. 13, 2015
- [20 Tricks für ein glücklicheres Leben](#) • Oct. 17, 2014 (HuffPo Germany)
- [How to Make the Best of a Solo Thanksgiving](#) • Nov. 24, 2014
- [20 Ways to Choose Happiness](#) • Oct. 15, 2014
- [Ignite Your Inner Fire: 25 Inspirational Intentions](#) • Oct. 6, 2014
- [How to Get Out of a Bad Mood: 12 Tips](#) • Oct. 6, 2014
- [15 Affirmations: Find the Courage to Live the Life You Want](#) • Sept. 17, 2014
- [21 Ways to Let Go and Free Yourself](#) • Aug. 8, 2014
- [Mindfulness for Mind-Blowing Sex: 25 Practices](#) • July 28, 2014
- [50 Loving Sentiments We Should All Be Saying More Often](#) • July 18, 2014
- [What Death Taught Me About Life: 5 Inspirational Lessons](#) • July 7, 2014
- [Increase the Resiliency of Your Relationship: 6 Strategies](#) • July 1, 2014
- [25 Affirmations to Align Yourself with the Greater Good](#) • June 23, 2014
- [Self-Love: 10 Keys](#) • June 18, 2014
- [10 Tips for Better Sex After Kids](#) • June 10, 2014
- [Men Who Work on Themselves Are Sexy](#) • June 5, 2014
- [25 Simple Ways You Can Improve Every Relationship in Your Life](#) • May 19, 2014
- [Find Bliss Going Inward](#) • May 6, 2014
- [8 Life Lessons from My 8-Year-Old](#) • May 6, 2014
- [10 Ways to Get Yourself Motivated at Work](#) • Feb. 23, 2014
- [How to Recover from a Broken Heart: 10 Tips](#) • Jan. 23, 2014
- [10 Ways to Evolve and Be a Better Person](#) • Jan. 7, 2014

**Authored Blogs and Articles:**

**Marriage.com - Resident Author Joyce Marter**

[Is a Mental Health Issue the Cause of Your Sexless Marriage?](#) • Jan. 3, 2019



Practical Tips for How to Repair a Sexless Marriage • Jan. 3, 2019

**Joyce-Marter.com**

Sustainable Living Lessons Learned from the Maui Eco Retreat • Sept. 1, 2019

Meditation & Yoga for Mental Health & Conscious Leadership • Aug. 7, 2018

Love Never Dies: How to Connect with Loved Ones Who Have Passed • Aug. 5, 2018

Time Management: How to Recover from the Disease of Being Busy • July 12, 2019

Dual Diagnosis: The Chicken & Egg Relationship Between Mental Illness and Addiction • July 1, 2019

How to Choose the Right Buyer When Selling Your Therapy Practice • June 26, 2019

Personal Reflection Following Yoga Practice • Dec. 2, 2018

Motivational Keynote Speaker for Counseling Conferences • Dec. 2, 2018

How to Become a Legislative Advocate • May 8, 2018

**LinkedIn**

How to Exit a Group Counseling Practice with Ethics & Integrity • Oct. 2, 2018

How to Sell a Counseling Center • June 6, 2018

How to Prevent Sexual Harassment in the Workplace in the #MeToo Movement • Feb. 13, 2018

**The Body Image Therapy Center**

Self-Care Assessment for Mind, Body, Spirit & Balance • Sept. 10, 2018

Silence Your Inner Critic & Become Your Most Compassionate Advocate: 4 Tips • May 7, 2018

**Refresh Mental Health** Refresh Mental Health Provides Legislative Advocacy for the Counseling Profession • Aug. 17, 2018

**Arts of Thoughts** True Success: Understanding that Love is the Currency of Life • May 29, 2018

**Mental Health Resources** Michael Phelps Speaks About His Depression & Getting Treatment • Jan. 30, 2018

**Advanced Psychology** How to Support Gifts and Challenges of Our Children • Dec. 4, 2017

**Illinois Counseling Association** Conscious Compassion & Advocacy During a Time of Violence • Sept. 7, 2016

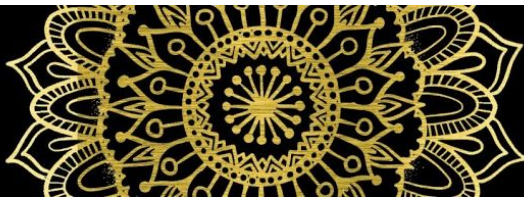
**Mentalhealthforum.net** Applying the 5 Love Languages to Self-Love: How to Love Yourself • April 2, 2016

**Athleisure Magazine** Self-Love Must Come First: How to Love Yourself • Feb. 19, 2016

**The Good Men Project** Resident Author Joyce Marter, 20 Ways to Choose Happiness • Oct. 24, 2014

**Spirituality & Health Magazine**





Resident Author Joyce Marter, 50 Loving Sentiments We Should All Say More Often •

July 14, 2014

Ignite Your Inner Fire: 25 Inspiring Intentions • Sept. 28, 2014

**Wellness Today** 9 Ways to Beat the Sunday Night Blues • March 16, 2014

**Wellness Today**

Zero Motivation to Go to Work? 10 Tips to Get Moving! • Feb. 25, 2014

10 Tips to Effectively Resolve Conflict in Your Relationships • Dec. 30, 2013

**Smart Dating Academy** Dating Boundaries: When to Share and When to Not • Oct. 14, 2013

**Today's Chicago Woman**

Successful Marriage Tips • Aug. 11, 2014

Projecting Confidence in the Workplace • Aug. 11, 2014

Cold Feet or Time to Call Off the Wedding? • Aug. 11, 2014

**Notey.com** Joyce Marter Blog • May 6, 2014

**Round Table Companies**

Recovery from Love • Feb. 1, 2013

Cancer, Mindfulness and Love • Jan. 1, 2013

**C.E.L. & Associates** Successfully Navigate Life Transitions • Dec. 3, 2012

### **References in Articles:**

**Health Magazine**, (Article on Healthy Boundaries) • TBD

**Healthy Holistic Living**, 7 Secrets To Living A Beautiful Life • June 11, 2020

**WBBM News Radio**, Keep Calm About COVID-19, They Say, But How? • March 19, 2020

**Speak Life** What's the best thing someone could say to you right now? • March 12, 2020

**Chicago Tribune**

February snow getting you down? March can be the hardest weather month in Chicago.

Here's how to get through it. • Feb. 25, 2020

How Do You Tell A Couple To Stop Fighting In Public? • Jul. 2019

How to ask your partner to remove a tattoo with an ex's name • July 2019

How to Handle Socially Awkward Situations • July, 2019

Amid Asia Argento Accusation, What a #MeToo Moment Can Be Like for Male Victims•

Aug. 21, 2018

Lessons from the Happiest Place on Earth • June 4, 2018

News Blackout Might Help Sex Abuse Survivors Heal • Nov. 5, 2017

Stop Reading the Weinstein News: This and Other Self-Care Tips • Oct. 18, 2017

Self-Care App Aims to Break the Cycle of Burnout • Sept. 21, 2017

Does Using Social Media Make You More Likely to Cheat? • Nov. 11, 2016



There It Is the Office Clique • Feb. 29, 2016

Leaps of Faith • June 11, 2011

Workplace Stress Can Lead to Total Meltdown • Sept. 13, 2006

**CrimeWire** This Explosive New Tool Can Help You Catch A Cheater Red-Handed • Feb. 25, 2020

### **Well + Good**

Feeling Like You're to Blame for the Mistakes of Others? Personalizing is the Problem • Jan. 27, 2020

The best gifts to give someone, according to their love language • Dec. 12, 2019

I'm An Introvert—How Do I Make Space For 'Me Time' After Moving In Together? • July 12, 2019

Use The 5 Love Languages To Boost The Most Important Relationship In Your Life: The One With Yourself • May 1, 2019

How to Maintain a Healthy Relationship with Your Wedding-Planning BFF • April 25, 2018

**My Science Academy** 4 approaches to reignite your sex-life which have nothing at all to do with physical touch • Jan 22, 2019

**Football Rascal** 4 approaches to reignite your sex-life which have nothing at all to do with physical touch • Jan 16, 2019

**Goalcast** The Dark, Hidden Truths in Fairy Tales and What We Can Learn From Them • Jan 8, 2019

**Support for Stepdads** How To Fix A Sexless Marriage • Jan 7, 2019

**Streeterville News** Beating the Monday Blues • Jan 2, 2019

**Domino** Can Cleaning Actually Make You Happier? • Dec. 14, 2019

**Investment U** Combat Loneliness to Find Joy Over the Holidays • Dec. 14, 2019

### **NBC Better**

Want to boost your salary or savings? Get better at talking about money; 4 ways to reignite your sex life that have nothing to do with physical touch • Sep. 2019

We're wired to save indulgences for special occasions — here's why you shouldn't • Feb. 2019

### **Real Simple**

Why You Should Treat Your Family Like Strangers • Jan. 2019

Spreading Kindness in a Rude World • Aug. 2017

How to Raise Kinder Kids • Aug. 2017

**Thrive Global** Learning How to Manage Your Psychology Changes How You Respond to Everything • Sept.4, 2017

**Zuzka Light** How Clutter Contributes To Stress • Aug. 2017



## **Bustle**

[How Do You Stop Negative Thoughts? I Gave My Inner Voice A Name & Learned A Lot About My Thinking Patterns](#) • Aug. 2019

[How To Have More Self-Confidence, Even When You're Feeling Down, According To Experts](#) • July, 2016

[7 Reasons To Not Have Kids That Are Supported By Science, Because You Are Never Getting That Sleep Back](#) • April 17, 2016

[9 Habits All Toxic People Have in Common](#) • Feb. 19, 2016

[How to Get Over Uncertainty Without Letting It Completely Slow Down Your Life](#) • Dec. 30, 2015

**Fort Worth Business Press** [Ballet Concerto Turns 50 In A New Outdoor Setting](#) • June 15, 2019

**Elite Daily** [Here's How To Feel More In Control Of Your Life By Focusing On These 3 Major Things, According To Science](#) • Feb. 2019

## **Medium**

[1 Powerful Way to Stop Worrying and Start Living](#) • Feb. 3, 2019

[The Science of Inspiration \(and How to Make it Work for You\)](#) • Feb. 23, 2019

## **Chicago Parent**

[How Parents Can Get Out of a Rut](#) • Jan. 24, 2019

[How to Raise Socially Aware Kids](#) • Sept. 29, 2016

## **Columbia Chronicle**

[Counseling Services Concerns Continue for Students During Colder Weather](#) • Jan. 22, 2019

[Share the Love](#) • Sep. 14, 2012

**Kathryn Janicek.com** [Pregnancy, Fertility and 5 Things I Changed to Pull Off My Biggest Production](#) • Dec. 21, 2018

**Financial Management Magazine** [Say 'No' Without Damaging Your Career](#) • Dec. 13, 2018

## **U.S. News & World Report**

[7 Ways to Make Moving in Together a Success](#) • Nov. 30, 2018

[4 Tried and True Time-Management Techniques](#) • June 12, 2012

[How to Manage Your Emotions in the Workplace](#) • May 15, 2012

**MSN** (This article was posted on MSN sites globally in countless language translations.)

[5 Therapists Share How Your Marriage Can Survive an Affair](#) • Oct. 15, 2018

**CNN** (the CNN articles listed here were all reposted by countless media outlets)

[Some Survivors of Sexual Assault Were Empowered by Christine Blasey Ford's Testimony Yet Others Were Retraumatized](#) • Sept. 28, 2018

[The National Sexual Assault Hotline got a 201% increase in calls during the Kavanaugh hearing](#) • Sept. 28, 2018



- For Some, #MeToo Sexual Assault Stories Trigger Trauma Not Empowerment • Oct. 19, 2017
- News Channel 5 Nashville** Calls to Sexual Violence Survivor Hotline Spiked 147 Percent Following Blasey Ford's Testimony • Sept. 28, 2018
- WDEL 101.7 FM** The National Sexual Assault Hotline Got a 201% Increase in Calls During the Kavanaugh Hearing • Sept. 28, 2018
- Candle Jar** Scented Candles for Anxiety and Stress • Sept. 2018
- Women's Health Magazine** We Asked, You Answered: Here's How the #MeToo Movement Has Impacted Your Health One Year Later • Sept. 13, 2018
- Crimewire** 21st Century Cheating: Is Your Partner Really Faithful • Sept. 6, 2018
- Bristol Herald Courier** Lessons from the Happiest Place on Earth • June 4, 2018
- Inside Columbia** The Chemistry of Love • May 31, 2018
- The Native Society** Meet Joyce Marter • May 25, 2018
- YUR View** Discover the Direct Relationship Between Hobbies and Health • May 7, 2018
- Voyage Chicago** Meet Joyce Marter of Joyce Marter Enterprises • March 27, 2018
- Voyage Chicago** Meet Joyce Marter • July 5, 2017
- MyDomaine** Don't Give into Netflix: Successful People Do These Things Every Sunday • Feb. 7, 2018
- Time.com Money** 14 Things Successful People Do on Sunday Nights • Feb. 4, 2018
- Tallahassee Democrat** Holiday Blues Don't Discriminate • Dec. 21, 2017
- Talk Space** 9 Ways to Manage Social Anxiety During the Holidays • Dec. 20, 2017
- The State Times** More Than a Hollywood Scandal: the #MeToo Movement • Nov. 3, 2017
- Maryland Coalition Against Sexual Assault** You Don't Have to Say #MeToo to Be Seen and Supported • Oct. 25, 2017
- Al Dia** Social Media Raise the Voice Against Sexual Harassment • Oct. 19, 2017
- The Bulletin** Self Care App Attempts to Break the Cycle of Burnout • Oct. 25, 2017
- Our Everyday Life** How to Be Nice to Others • Sep. 28, 2017
- My San Antonio** 10 Simple Things Successful People Do Every Morning • Sept. 25, 2017
- MyTime News** Take Your Time to Organize Your Day • June 28, 2017
- Belief.net**
- 7 Self-Compassionate Strategies for Experiencing Sadness • May 14, 2017
  - 7 Healthy Ways to Feel Your Feelings • April 10, 2017
  - 6 Lesser Known Ways to Boost Your Energy Throughout the Day • May 1, 2015
  - 10 Tips for Setting Strong Boundaries and Saying No • March 3, 2014
  - 9 Ways to Truly Support Your Partner • June 1, 2013
- The Fix** From the Digital Couch-Online Therapy for Addiction Recovery • April 17, 2017



**Woman's Day** 5 Couples Therapists Share How Your Marriage Can Survive an Affair • March 27, 2017

**Unique Mindcare** Tips on Tolerating Uncertainty • March 10, 2017

**Society for Human Resource Management** Use Design Thinking to Better Your Career • March 6, 2017

**Ladybossblogger.com** Joyce Marter Provides Accessible and Affordable Counseling • Feb. 9, 2017

**BayArt** How to Embrace Yourself • Feb. 9, 2017

**The Hartford Courant** Finding Your Comfort Zone—Pushing Yourself Beyond It • Feb. 1, 2017

**Insight Columbia Magazine** The Chemistry of Love • Feb. 2017

**LadyBossBlogger** Joyce Marter Provides Accessible and Affordable Insurance-Friendly Counseling • Feb. 9, 2017

**HighYa** BetterHelp Reviews • Jan. 2017

**LiveStrong** 9 Self-Love Tips That Won't Make You Roll Your Eyes • Jan. 26, 2017

**YourStory** 5 Ways to Be More Assertive at the Workplace • Jan. 16, 2017

**The Guam Daily Post** Does Social Media Make You More Likely to Cheat? • Nov. 22, 2016

**Crain's Chicago Business**

This CEO Lost a Husband to Suicide. Here's How She Came Back • Oct. 20, 2016

There's No Place Like a Hotel for the Holidays • Dec. 22, 2014

Girl Scouts Updates Its Image from Campfires to C-suite, Leverages Thin Mints to Achieve Gender Equity • March 10, 2012

Summer Slacking Slows the Pace of Business • July 23, 2011

Crain's 40 under 40 • Nov. 1, 2010

Joyce Marter Focus • Oct. 30, 2010

Making a Difference in Chicago • Oct. 30, 2010

Taking a Step Back from Overexposure • Nov. 09, 2009

**Northwestern College** How to Break Out of Holiday Anxiety During the Holidays • Dec. 28, 2016

**Business Insider** What Successful People Do On Sunday Night • Sept. 11, 2016

**Madamenoire.com** What People Don't Tell You About How Your Marriage Will Change After a Baby • Sept. 8, 2016

**Inc. Magazine**

The True Key to Success, According to this Inspired Psychotherapist • July 21, 2016

15 Ways to Become a Better Person • Dec. 9, 2014

**Racked.com** War, All Dressed Up • April 12, 2016

**Match.com** The Signs of Confidence in Dating: Dating Tips • May 24, 2016

**CongNghe.vn** To Start a New Week Full of Life ... 12 Ways to Sunday • March 27, 2016

**Biblewaymag.com** 10 Ways to Be a Better Person • March 11, 2016



**Success Magazine** Can Tidying Up Your Home Fix Your Messy Life? • March 6, 2016

**All Things Kaygee** Life After Abdominal Myomectomy • March 1, 2016

**Katie Andrews Therapy** Tips on Tolerating Uncertainty • Nov. 2, 2015

**Health + Fitness Cheat Sheet** 3 Ways Having Kids Will Change Your Relationship • Oct. 24, 2015

#### **REFINERY29**

What to Say in Life's Most Difficult Situations • Aug. 4, 2015

Horrible Bosses: The Savvy Girl's Guide • Sept. 26, 2013

**Alpha Counseling and Treatment** Why Seeing a Therapist Makes You Strong Not Weak • June 15, 2015

**The Huffington Post** Global Day for Health Kicks Off Mental Health Awareness Month • May 19, 2015

**Motherly** It's Science: Clutter Can Actually Give You Anxiety • May 10, 2015

**Bebrainfit.com** Declutter Your Life for Less Stress, Better Mental Health • May 5, 2015

**John Tesh's Intelligence for Your Life** 5 Reasons to De-Clutter Your House Right Now • May 1, 2015

**The Atlantic** The Computer Will See You Now • March 18, 2015

**MeetMindful** The Surprising Secret to Healing a Broken Heart • March 1, 2015

**Chicago Health Magazine** Deconstructing Grief • Feb. 9, 2015

**Financial Post** 11 Things Successful People Do on Sunday Nights • Jan. 19, 2015

**Moods Magazine** People Who Hurt Us • Aug. 11, 2014

**News.com.au** Psychotherapist Joyce Marter Reveals Her Top 10 Tips for a Better Sex Life • Feb. 12, 2014

**The Human Magnet Syndrome** Your Halloween Costume May Reveal Your Shadow Side • Oct. 24, 2013

#### **Life & Beauty Weekly**

Healthy Relationships: Should Your Husband Be Your Best Friend? • Sept. 14, 2013

The Friends/Family Balance • July 7, 2013

**Intuit QuickBooks** How Psychology Can Make or Break Your Business • June 9, 2013

**WBZ - Blog** Why We Could All Use Some Therapy • May 16, 2013

**Parents.com** How to Stay Close After Baby • Feb. 2013

**Daily Herald** Lombard Radio Host of AgingInfoRadio Tackles Family Fallout • Oct. 26, 2012

**Center for Behavioral Health** Tips to Increase Your Assertiveness • April 20, 2012

**Careerbliss.com** 10 Ways to Overcome Pre-Job Interview Jitters • March 30, 2012

**The Wall Street Journal** So Cute, So Hard on Marriage • April 28, 2011 (Cover story)

**PsychCentral** (sampling of articles):

Summer Reading: 20 Mental Health Books That Can Change Your Life



[Therapists Spill: What I Wish Clients Knew About Therapy and Mental Illness](#)  
[Therapists Spill: The Moment I Realized I Am Enough](#)  
[Therapists Spill: How Therapy is Different from Talking to a Friend](#)  
[10 Things You Can Do Today to Improve Your Life](#)  
[Therapists Spill: How Being a Clinician Changed My Life](#)  
[Therapists Spill: The Books That Changed My Life](#)  
[Therapists Spill: 11 Myths About Therapy](#)  
[Therapists Spill: The Books I Turn to on a Difficult Day](#)  
[How to Respond to Rude or Inappropriate Remarks](#)  
[Therapists Spill: 9 Ways to Get Things Done](#)  
[Therapists Spill: What's Your Motto on Life?](#)  
[Therapists Spill: My Biggest Mistake & What I Learned](#)  
[Therapists Spill: What You Didn't Know About Therapy](#)  
[Therapists Spill: When Being a Therapist Was Especially Hard](#)  
[Therapists Spill: How I Set & Sustain Boundaries](#)  
[Therapists Spill: What Brings Me Joy](#) [Therapists Spill: How to End Therapy](#)  
[Therapists Spill: Why I Do What I Do](#)  
[Therapists Spill: 12 Ways to Accept Yourself](#)  
[Therapists Spill: My Thoughts On Change And How I Help Clients Get There](#)  
[Therapists Spill: The Best Ways to Shrink Stress & Anxiety](#)  
[Therapists Spill: 14 Ways to Get Through Tough Times](#)  
[Therapists Spill: How To Strengthen Your Resilience](#)  
[Therapists Spill: My Definition of Success](#)  
[Therapists Spill: How I Cope with Stress](#)  
[Therapists Spill: What I Do When a Client Is 'Stuck'](#)  
[Therapists Spill: The Hardest Part About Therapy](#)  
[Therapists Spill: How I Manage Murky Moods](#)  
[Clinicians on the Couch: 10 Questions with Therapist Joyce Marter](#)  
[Therapists Spill: What I Wish Readers Knew About Therapy & Life](#)  
[Therapists Spill: Red Flags A Clinician Isn't Right For You](#)  
[Therapists Spill: Delivering Difficult Feedback to Clients](#)  
[Therapists Spill: My New Year's Resolution](#)  
[Therapists Spill: My Favorite Holiday Tradition](#)  
[Therapists Spill: My Mental Health Hero](#)  
[3 Relationship Pitfalls When Entering Parenthood and Pointers to Help](#)  
[What You Need to Consider Before Having Kids](#)



**International Press:**

**ARGENTINA**

**Business Insider Espana, 14 Things that Successful People Always Do On Sundays at Night • Dec. 9, 2018**

**AUSTRALIA**

**News.com.au Psychotherapist Joyce Marter Reveals Her Top Ten Tips for a Better Sex Life • Feb. 12, 2014**

**BOSNIA & HERZEGOVINA**

**STUDOMAT.ba Kako se osloboditi stresa: Ovo su metode koje koriste psiholozi • Dec. 31, 2019**

**CANADA**

**The Toronto Star Does Social Media Make It Easier to Cheat on Your Partner? • Nov. 21, 2016**

**HuffPost Canada**

**15 Ways to Live Authentically and Amazingly • Feb. 13, 2015**

**8 Life Lessons from My 8-Year-Old • May 6, 2014**

**Chemistry and Attraction: When It's Healthy and When It's Not • Jan. 24, 2014**

**Free Yourself by Being Direct • Dec. 30, 2013**

**CHINA**

**HKExcursion.com The Sex Life of Hong Kongers • Dec. 7, 2018**

**Soho.com**

**If You Want to Change Your Life There are Nine Things You Must Do • June 28, 2018**

**Ten Tips to Mend a Broken Heart after a Terrible Breakup • Nov. 21, 2016**

**World Journal Living with a Partner: How to Be Safe • Jan. 4, 2019**

**CROATIA**

**Index.hr Tamna strana bajki: Iza priča sa sretnim krajem kriju se puno mračnije poruke • Jan. 21, 2020**

**FRANCE**

**Froggyz Adventures 4 techniques to reignite your sex-life which have nothing in connection with physical touch • Jan. 24, 2020**

**Un Caffè con Francesco Accept Me For What I Am • Nov. 21, 2017**

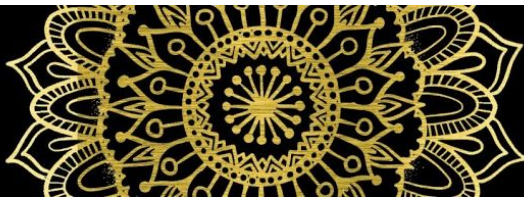
**GERMANY**

**The Huffington Post 20 Tricks for a Happier Life • Oct. 17, 2014**

**ITALY**

**Bigodino.it Methods to Manage Stress • Feb. 8, 2018**





## MEXICO

**Dinero En Imagen** Learn Three Lessons About Emotions • June 1, 2014

## NETHERLANDS

**NBSL** Heb je geen controle over je leven? Dat ligt aan deze 3 factoren • Feb. 1, 2020

**Nieuw op NSMBL** Met deze 3 tops krijg je meer controle over je leven • Feb. 14, 2019

## NEW ZEALAND

**Sunday Magazine** Love After Baby • Jul. 24, 2011 (cover story)

## PHILIPPINES

**MSN** The best gifts to give someone, according to their love language • Dec. 12, 2019

## ROMANIA

**Andreea Raicu** 13 moduri prin care bunatatea te va face mai fericita • March 25, 2019

## RUSSIA

**Russia TV** 8 Methods of Getting Rid of Stress, Use by Psychologist Themselves • Jan. 19, 2018

## PHILIPPINES

**Real Living Philippines** How to Live With Less? Stop Buying Things Just Because It's on Sale for Starters • July 2, 2018

## SPAIN

**Pymex**

9 cosas que las personas exitosas hacen los domingos por la noche • Sept. 19, 2019

Things that Successful People Do at Sundays at Night • Jan. 25, 2019

## TANZANIA

**Tanzania Classic** 15 Ways to Become a Better Person • March 5, 2020

## THAILAND

**TechFeedThai** 12 Behaviors that Successful People Do on a Sunday • Feb. 5, 2018

## UNITED KINGDOM

**BestLife** 12 Ways to Repair a Sexless Marriage, According to Marriage Counselors • Dec. 21, 2018

## VIETNAM

**TRITHUCVN** 8 Ways to Eliminate Stress from Psychologists • Nov. 30, 2018

**DoanhNhan Saigon** 8 Year-End Stress Relief Methods • Nov. 2, 2018

**ChaseHay 365** 6 Good Tips to Free Yourself from the Stress of Psychologists • Oct. 2, 2018

**Cafe Biz** Controlling Emotions Has Never Been Easy, Don't Hold Back • June 25, 2018

**Diem bao** What Do Successful People Do on a Sunday Night? • March 27, 2016

**Chuyenn Hatron** Stress Relief • March 22, 2016

**InTM** 16 Things Successful People Do on a Sunday Night • Jan. 2016



**VN Express.net** What Successful People Do on a Sunday Night • Feb. 15, 2015  
**The Giomatxa.net** 4 Time Management Methods to Get a Better Job • June 16, 2012

**Television Appearances:**

**Fox 10 Phoenix** Building Resilience During COVID-19 • April 26, 2020  
**Evanston Live TV** The Mental Health Epidemic & What It Means for Our Kids and Community •  
Feb. 28, 2019  
**CBS's Face the Truth** Executive Produced by Dr. Phil and hosted by Vivica A. Fox • Name and  
website mention on episode • Feb. 4, 2019

**Fox 32 Chicago**

How to Get Out of a Bad Mood • Sept. 18, 2018  
How to Get Out of a Rut • July 24, 2018  
Mental Health Awareness Month • May 21, 2018  
Sexual Assault Awareness Month • April 9, 2018  
Dating After Divorce • Jan. 21, 2018  
Dealing with Social Anxiety This Holiday Season • Dec. 8, 2017  
Promoting Health Development in Teens • Dec. 4, 2017  
Sexual Harassment in the Workplace • Nov. 29, 2017  
Are We Becoming Desensitized to Mass Shootings? • Oct. 3, 2017  
How to Get Out of a Bad Mood • Sept. 2017  
Recommending Therapy to a Loved One • Sept. 27, 2017  
Preparing Your Child for College • July 29, 2017  
Dating and Relationships • Oct. 21, 2016

**WGN TV Chicago**

Signs of Workplace Bullying and Ways to Prevent It • May 10, 2016  
Stress Savers for Parents • Dec. 14, 2014  
Keeping Spirits Up When Temperatures are Down • Nov. 14, 2014  
Decluttering to Destress • June 26, 2016  
Too Much Stress at Work? Relax • March 17, 2013  
Extreme Inspiration • Jan. 13, 2012  
Postpartum Depression • March 24, 2011  
Hobbies for Health & Wellness • April 6, 2010

**Context Health Media** (these segments replay in medical waiting rooms nationally)



Stress and Your Health, Overcoming Isolation and Fear, Tips for Caregivers, and You Are Not Your Illness • Sept. 22, 2015

**WCIU, The U**

Men and Emotional Intimacy • March 3, 2015

Post Traumatic Stress Disorder • Nov. 3, 2014

MTV Skeletons The Real World Chicago • 2016

CBS Miami How to Baby-Proof Your Marriage • July 13, 2011 (nationally syndicated)

ABC's Livewell Network Say AhhRelaxation Techniques • June 28, 2010

**Radio Segments & Podcasts:**

**Inside Out Recovery** Honest Conversations About Racism • June 29, 2020

**WBBM News Radio**, Managing Anxiety Related to COVID19 • March 19, 2020

**Getting Split Ready Podcast**

Divorce & the Holidays • Dec. 2019

Effective Financial Conflict Resolution • July, 2019

**Houston Chronicle Podcast** How to Understand Seasonal Affective Disorder • Dec. 15, 2019

**Beck Group Women's Leadership Podcast** Episode 89: Joyce Marter • Sept. 2019

**Think Tank of Three** How One Woman Created a Multi-Million Dollar Company So She Could Have a Real Life with Joyce Marter • July 10, 2019

**WGN Radio** Mental Wealth & Prosperity with Jane Monzures • Feb. 17, 2019

**NBRFM** The Joyce Marter Story • Jan. 15, 2019

**WGN Uh-PARENT-ly Podcast** Stop the Mama Drama • Nov. 1, 2018

**Rejoice 102.3 FM** Hero feature on The Counselor • Aug. 1, 2018

**EntreArchitect** The Psychology of Success • April 20, 2018

**WGN Radio**

Simple Ways to Shape Your Kid into a Critical Thinker • March 29, 2018

Spring Weather Effects • Feb. 2015

Healthy Living Resolutions • Dec. 29, 2014

Dealing with the Holidays when Unemployed • Dec. 5, 2010

Family Conflict Around the Holidays • Nov. 22, 2010

**CBS/CNN Radio** (this segment was nationally broadcasted by CNN)

Handling Difficult Conversations During the Holidays and How to Empower Girls to Say No to ... Physical Affection • Nov. 22, 2017



**Bell Media Niagara/Greater Toronto Area CKTB Does Social Media Make It Easier to Cheat on Your Partner? • Nov. 22, 2017**

**Urban Broadcast Media Let's Stay Together Show on Coping with Divorce • May 10, 2016**

**Solutions 110 A three-part series on Leadership • June 23, 2015**

**AgingInfoRadio AM 560WIND**

Family Fallouts • Aug. 11, 2014

Love, Relationships & Marriage • Feb. 9, 2013

**The Cancer Support Network**

Mind/Body Connection • June 27, 2013

Grief and Loss • April 5, 2013

Caring for the Caregiver • Feb. 26, 2013

**101.1 FM Chicago Herman Cain Infidelity • Dec. 3, 2013**

## **PUBLIC SPEAKING**

### **Keynote Addresses on The Psychology of Success:**

American Counseling Association Midwest Region Leadership Development Academy • May 21, 2021

Illinois Government Finance Association • Oct. 6, 2020

Streamline Healthcare Solutions • Sept. 16, 2020

The Ecker Center for Mental Health • Sept. 18, 2020

Urban Balance • May 7, June 9 & Sept 10, 2020

Michigan Community Action Committee • July 28, 2020

Artistology • July & August 2020

Training Resource & Information Network & the Illinois Department of Child & Family Services • June 4, 2020

Women Speak • March 31, 2020

North Dakota Counseling Association • March 6, 2020

The Family Institute at Northwestern University • March 6, 2020

Adler University • March 2, 2020

College of DuPage • Feb 28, 2020 and March 1, 2019

Reverb • Feb. 3, 2020

Alabama Counseling Association • Nov. 20, 2019 (1200 attendees)

Civitech • October 17, 2019

West Virginia Counseling Association • Oct. 31, 2019

Nebraska Counseling Association • Oct. 10, 2019

Iowa Counseling Association • Sept. 20, 2019



Summit Behavioral Health Care • TBD, 2019  
Resurrection Hospital • Aug. 7, 2019  
Women of the World Network • July 31, 2019  
Maine Counseling Association • April 1, 2019  
Illinois Counseling Association • March 22, 2019  
College of DuPage • March 1, 2019  
Credible Behavioral Health Software (1000 attendees in D.C.) • Feb. 26, 2019  
Lewis & Clark Chapter of the Illinois Counseling Association • Feb. 7, 2019  
Illinois Counseling Association • Nov. 10, 2018  
Elderwerks/In-Home Counseling • Nov. 1, 2018  
ACA Midwest Training • Sept. 29, 2018  
ACA Midwest Region Leadership Development Academy • Sept. 29, 2018  
Midwest Region of the American Counseling Association • Sept. 28, 2018  
Glenview Terrace • Sept. 6, 2018  
Elderwerks • Sept. 6, 2018  
Women's Association of Addiction Treatment • July 31, 2018  
American Counseling Association's Institute for Leadership Training • July 11, 2018  
The Legacy Project Conference for Women in Business • May 18, 2018  
Illinois Counseling Association Southern Conference • March 16, 2018  
Lewis University • March 30, 2017  
Kellogg School of Management at Northwestern University • Jan. 17, 2017  
Northern Illinois University • April 21, 2016  
Lakeside Bank, Women Who Make a Difference Event • Oct. 21, 2015  
Workplace Solutions Employee Assistance Program (webinar) • Oct. 1, 2015  
The Lilac Tree • Sept. 22, 2015  
Northern Illinois Employee Assistance Professional Association • Aug. 22, 2015  
Advanced Clinical Trainers • April 25, 2014 & Dec. 5, 2013  
North Dakota Counseling Association • Feb. 22, 2015  
Insight Behavioral Health • Feb. 7, 2014  
Meeting Planners International • Dec. 13, 2013  
PsychCentral (webinar) • July 25, 2013  
Harborview Recovery Center • Sept. 7, 2012  
Oracle • Aug. 14, 2012  
Dover Corporation • July 30, 2012  
Siemens Corporation • May 29, 2012  
The Family Institute Alumni Association at Northwestern University • May 18, 2011



## Corporate Trainings:

**Building Resilience During COVID-19** (webinar), School Nutrition Association • July 15, 2020; Downtown Evanston May 28, 2020; RedMane Technology • April 9 & 23, 2020; Brain Injury Alliance of Arizona • May 1, 2020

**Mental Health in the Workplace**, Ace Hotel Chicago • March 2020; Northwest Professional Development Group • Sept. 13, 2019

**Dealing with Difficult People**, Reverb (Chicago & Amsterdam) • March 2020; City of Evanston • Sept. 16 & 10, 2019 and Aug 28, 2019; The Legacy Project • May 17, 2019; Collaborative Law Institute of Illinois • April 3, 2019

**Workforce Retention in Mental Health**, Missouri Hospital Association Health Institute • April 24, 2020

**Resilience & Stress Management for Families of Essential Employees** (webinar), Brain Injury Alliance of Arizona • April 9, 2020

**Realistic Coping Strategies for Families Sheltering in Place with a Loved One with Addiction** (webinar), Brain Injury Alliance of Arizona • April 14, 2020

**Mental Health for Leaders & Founders During the Age of Coronavirus** (webinar), 4Point Consulting • April 1, 2020

**Mental Health & Wellness** (Facebook live), MConnexions • March 19, 2020

**Promoting Happiness & Mental Health**, The Lodge • March 10, 2020; The Homestead • May 9, 2019

**Thriving Through Challenges**, Boeing • Feb. 18, 2020

**Reduce Your Stress**, Boeing • Feb. 18, 2020

**Sexual Harassment in the Workplace**, The City of Evanston • 41 hours of presentations for all staff • June-August 2019

**Mindfulness in the Workplace**, Boeing • Sept. 9, 2019, City of Evanston • April 19, 2017

**How to Practice Self-Love**, Cuddlist (webinar) • Aug. 22, 2019

**De-Escalation Training**, City of Evanston • Aug. 21, 2019

**Managing Conflict at Work**, City of Evanston • Aug. 13, 2019 and May 9, 2018; Career Mentors Academy • June 9, 2019

**Time Management**, ESPYR • June 19, 2018

**Financial Self-Care**, The Legacy Project • May 17, 2019

**Workplace Accountability**, ESPYR • May 7, 2019



**Culturally Sensitive Conflict Resolution**, Local Government Hispanic Network • March 15, 2019

**Achieving Success & Happiness**, AT&T • March 12, 2019

**Dealing with Difficult People**, City of Evanston • April 18, 2018; April 29, 2014 & June 25, 2014

**Drug-Free Workplace Program Supervisory Training**, HydraForce • Jan. 10, 2017

**Cultural Sensitivity**, City of Evanston • Dec. 16, 2015

**Alcohol Awareness**, City of Evanston • Sept. 14, 2016 & Nov. 16, 2016

**Mood/Food Connection**, City of Evanston • Oct. 2, 2016; Nov. 5, 2015 & Oct. 23, 2014

**Work-Life Balance**, City of Evanston • Aug. 17 & Sept. 4, 2016

**Managing Conflict in the Workplace**, U.S. Customs & Border Protection • July 9, 2016

**Understanding Depression**, City of Evanston • May 25, 2016

**Grief & Loss**, City of Evanston • May 11, 2016

**Effectively Working with Coworkers**, City of Evanston • April 28, 2016 & April 28, 2015

**Anger Management**, City of Evanston • Oct. 14, 2015

**Building Resiliency**, City of Evanston • July 15, 2015

**Being Happy While You Work**, City of Evanston • June 11, 2015

**Exercise at Your Desk**, Eze Software Group • May 21, 2015

**Depression Awareness**, City of Evanston • Sept. 17, 2014

**Conquering Cumulative Stress**, City of Evanston • Aug. 27, 2014

**Improving Communication in the Workplace**, City of Evanston • May 20, 2014

**Women's Empowerment**, City of Evanston • April 29, 2014

**Keeping the Happy in Holidays**, UPS • Nov. 29, 2012

**Assertive Communication**, UPS • Sept. 27, 2012

**Effective Workplace Communication**, UPS • July 26, 2012

### **Continuing Education Trainings:**

**How to Practice Self-Care & Access Real Support**, Arboria • April 12, 2020; Alabama Counseling Association • Nov. 20, 2019; West Virginia Counseling Association • Oct. 31, 2019; Nebraska Counseling Association • Oct. 10, 2019; Iowa Counseling Association • Sept 20, 2019; Maine Counseling Association • April 1, 2019

**Promoting Anti-Harassment Culture in the Wake of #MeToo**, Elderwerks • March 12, 2020 & May 2, 2019 • The Carrington • April 9, 2019 • Northern Illinois Employee Assistance Professional Assoc. • Feb. 16, 2018



**Surviving the Roller Coaster of Divorce**, My Private Vista • May 13, 2020, Collaborative Law Institute of Illinois • Oct. 8, 2019; The Lilac Tree • June 11, 2012

**Burnout Prevention for Helping Professionals**, Artis Senior Living • March 26, 2012; Lutheran General Hospital • June 27, 2019

**How to Start a Private Practice**, Alabama Counseling Association • Nov. 18, 2019; Michigan Counseling Association • Sep. 5, 2019

**Working with Clients Who Are Experiencing Sexual Harassment in the Workplace**, Credible Behavioral Health Software in Washington, DC • March 17-19, 2020

**Mindfulness Practices to Promote Mental Health**, Credible Behavioral Health Software in Washington, DC • March 17-19, 2020

**Bipolar Disorder: Assessment and Treatment**, Credible Behavioral Health Software in Washington, DC • March 17-19, 2020

**Mental Health Awareness & Advocacy: Recent Trends**, Credible Behavioral Health Software in Washington, DC • March 17-19, 2020

**Senior Bullying: Prevention and Awareness**, YMCA • Feb. 20, 2020; Weinberg Community for Senior Living • Sept. 12, 2019

**Dual Diagnosis**, National Alliance on Mental Illness • Nov. 10 & 14, 2019 and April 11 & 14, 2019; Glenview Terrace • Aug. 14, 2019; The Brookdale • June 18, 2019; Elderwerks • May 2, 2019; Credible Behavioral Health Software • Feb. 26, 2019; National Alliance on Mental Illness • April 11 & 14, 2019

**Private Practice Panel**, Illinois Mental Health Counselors Association • Sept. 15, 2018

**National Leaders Panel**, Association of Adult Development and Aging • Aug. 3, 2019

**Mindfulness Meditation**, Heaven Meets Earth Yoga • July 14, 2019

**Effective Conflict Resolution**, Glenview Terrace • Feb. 27, 2019; Credible Behavioral Health Software • Feb. 26, 2019; Elderwerks • Jan. 30, 2019; EntreArchitect (webinar) • Aug. 1, 2018; North Dakota Counseling Association • Feb. 22, 2015; Argosy University • Sept 11, 2014; and JAMS Arbitration, Mediation & ADR Services • June 19, 2014  
Cancer Wellness Center • Sept. 29, 2016

**How to Deal with Difficult People**, Glenview Terrace • Nov. 19, 2018

**Time Management**, Elderwerks • Nov. 8, 2018

**Motivating & Mentoring Volunteers**, American Counseling Association (ACA): Midwest Region Leadership Development Academy • Sept. 29, 2018

**Membership Retention and Growth**, ACA: Midwest Leadership Academy • Sept. 29, 2018, Oct. 16, 2016

**How to Sell a Private Practice** (webinar), The Group Practice Exchange • July 30, 2018

**Self-Care for Counselors**, Illinois Mental Health Counselors Assoc. • Jan. 31, 2018

**Dating After Divorce**, The Lilac Tree • Jan. 25, 2018





**Mental Health & School Counselor Collaboration for Student Success**, North Dakota Counseling Assoc. • Feb. 13, 2017; Illinois Counseling Association • Nov. 10, 2017  
**Stress, Time & Conflict Management**, Columbia College • Sept. 22, 2017  
**Promoting Self-Esteem**, Illinois Mental Health Counselors Academy • June 26, 2017  
**How to Promote Confidence, Self-Esteem and Empowerment**, North Dakota Counseling Association • Feb. 12, 2017 and Feb. 22, 2015  
**Membership Retention & Growth**, ACA Branch Development • Jan. 20, 2017  
**President's Welcome Address**, ACA: Midwest Leadership Academy • Nov. 4, 2016  
**Innovative Branch Practices**, ACA: Midwest Leadership Academy • Oct. 16, 2016  
**Increasing Branch Membership & Revenue**, ACA: Institute for Leadership Training • July 30, 2016  
**Dual Diagnosis Treatment**, Employee Resource Systems • Dec. 3, 2015; Cancer Wellness Center • March 4, 2015  
**Closing Keynote**, North Dakota Counseling Association • Feb. 22, 2015  
**Take Your Practice to the Next Level** (webinar), TherapySites • Dec. 9 & Sept. 10, 2014  
**Advanced Private Practice: Taking Your Practice to the Next Level**, Illinois Mental Health Counselors Association • Nov. 13, 2014 & March 15, 2013  
**Mental Health Injuries**, National Business Institute • June 22, 2012  
**Career's Night**, The Family Institute at Northwestern University • Nov. 11, 2010

## **SOCIAL MEDIA**

Linked In | [Joyce Marter & Joyce Marter Enterprises, Inc.](#)

YouTube | [Joyce Marter Licensed Therapist & National Speaker](#)

Twitter | [@Joyce\\_Marter](#)

Facebook | [Joyce Marter, LCPC, Psychotherapist & Speaker](#)

Pinterest | [JoyceMarter1](#)

Instagram | [Joyce.Marter](#)

## **PROFESSIONAL MEMBERSHIPS**

American Counseling Association

Illinois Counseling Association

Illinois Mental Health Counselors Association

National Speakers Association

National Writers Union