

JOYCE MARTER, LCPC

Psychotherapist, Writer & Speaker



MEDIA LINKS



TELEVISION sampling of appearances

Fox 32 Chicago "Mental Health Awareness Month Special Report" • May 2018

Fox 32 Chicago "Dealing with Social Anxiety This Holiday Season" by Sylvia Perez • [Video](#) Dec. 8, 2017

Fox 32 Chicago "Promoting Healthy Social-Emotional Development in Teens" Live Segment • Live Dec. 4, 2017

Fox 32 Chicago "Sexual Harassment in the Workplace" panel discussion following the firing of Matt Lauer • Live Nov. 29, 2017

Fox 32 Chicago "Are We Becoming Desensitized to Mass Shootings" by Sylvia Perez • [Video](#) Oct. 3, 2017

Fox 32 Chicago "Recommending Therapy to a Loved One" by Sylvia Perez • [Video](#) Sept. 27, 2017

Fox 32 Chicago "Preparing Your Child for College" by Sylvia Perez • July 29, 2017 • [Video](#) August 2017

MTV [The Real World Chicago](#) • 2016

WGN TV Chicago "Signs of Workplace Bullying and Ways to Prevent It" by WGNTV1 • May 10, 2016

WGN TV Chicago "Stress Savers for Parents" (video) with Jane Monzures • Dec. 14, 2014

WGN TV Chicago "Keeping Spirits Up When Temperatures are Down" with Jane Monzures • Nov. 14, 2014

CBS 8 KFMB San Diego, California Life & Beauty Weekly "Healthy relationships: Should your husband be your best friend?" by Cynthia Hanson • Sept. 14, 2013

WGN TV Chicago "Too Much Stress at Work? Relax" with Jane Monzures • Mar. 17, 2013

WGN TV Chicago "Extreme Inspiration" with Jane Monzures • Jan. 13, 2013

CBS Miami "How to Baby-Proof Your Marriage" • July 13, 2011

ABC's Livewell Network "Say Ahh"

WCIU, The U Post Traumatic Stress Disorder

Context Health Media

Video series: "Stress and Your Health"

Video series: "Overcoming Isolation and Fear"

Video series: "Tips for Caregivers"

Video series: "You Are Not Your Illness"

RADIO sampling of segments

Rejoice 102.3 WYCA The Counselor: [Community Hero Segment](#) • July 30, 2018

WGN Radio Chicago "Simple Ways to Shape Your Kid into a Critical Thinker" • March 29, 2018

WBBM Radio "Handling Difficult Conversations During the Holidays" • November 2017

WBBM Radio "Empowering Girls to Say No to Unwanted Expressions of Affection" • November 2017

Bell Media Niagara/Greater Toronto Area CKTB

[The Tim Denis Morning Show](#) "Does Social Media Make It Easier to Cheat on Your Partner?" • Nov. 22, 2017

WGN Radio Chicago [Live in Studio - Healthy Living Resolutions](#) with Jane Monzures • Dec. 29, 2014

WGN Radio Chicago "Holiday Stress and Family" with Rob Hart • Dec. 5, 2014

WGN Radio Chicago "Effects of Spring" with Rob Hart • Dec. 5, 2014

Aging Info Radio "Love, Relationships & Marriage" • Feb. 9, 2013



ARTICLES QUOTED IN

Chicago Tribune "Lessons from the Happiest Place on Earth" by Danielle Braff • June 4, 2018

Bristol Herald Courier "Lessons from the Happiest Place on Earth" • June 4, 2018

The Native Society [Meet Joyce Marter](#) • May 25, 2018

The Body Image Therapy Center Blog "Silence Your Inner Critic" • May 7, 2018

Un Caffé con Francesco "Accettami per cio che sono" • Nov. 21, 2017

JOYCE MARTER, LCPC

Founder, Consultant, Writer & Speaker



PG 3 MEDIA LINKS

Chicago Tribune "[News Blackout Might Help Sex Abuse Survivors Heal](#)" by Alison Bowen • Nov. 5, 2017

The State Times "[More Than a Hollywood Scandal: the #MeToo Movement](#)" by Melissa Rosman • Nov. 3, 2017

WGNO New Orleans, Louisiana

"[For Some, #MeToo Sexual Assault Stories Trigger Trauma Not Empowerment](#)," CNN Wire, Oct. 19, 2017

CNN "[For Some, #MeToo Sexual Assault Stories Trigger Trauma Not Empowerment](#)," Sandee Lamotte, Oct. 19, 2017

Al Dia "[Social Media Raise the Voice Against Sexual Harassment](#)" by Yamily Habib • Oct. 19, 2017

Chicago Tribune "[Stop Reading the Weinstein News: This and Other Self-Care Tips](#)" by Alison Bowen • Oct. 18, 2017

My San Antonio "[10 Simple Things Successful People Do Every Morning](#)" by Tulsi Kamath • Sept. 25, 2017

Chicago Tribune "[Self-Care App Aims to Break the Cycle of Burnout](#)" by Shelbie Lynn Bostedt • Sept. 21, 2017

Real Simple "[Spreading Kindness in a Rude World](#)" by Jennifer King Lindley • August 2017

Voyage Chicago "[Meet Joyce Marter](#)" • July 5, 2017

The Fix "[From the Digital Couch-Online Therapy for Addiction Recovery](#)" by Renee Fabian • April 17, 2017

Woman's Day "[5 Couples Therapists Share How Your Marriage Can Survive an Affair](#)" by Micaela English • Mar. 27, 2017

The Hartford Courant "[Finding Your Comfort Zone—Pushing Yourself Beyond It](#)" by Joseph A. O'Brien Jr. • Feb. 1, 2017

Insight Columbia Magazine "[The Chemistry of Love](#)" • Feb. 2017

LiveStrong "[9 Self-Love Tips That Won't Make You Roll Your Eyes](#)" by Brittany Rishing • Jan. 26, 2017

The Toronto Star "[Does Social Media Make It Easier to Cheat on Your Partner?](#)" by Matt Linder • Nov. 21, 2016

Crain's Chicago Business "[This CEO lost a husband to suicide. Here's how she came back](#)" by Lisa Bertagnoli • Oct. 20, 2016

Chicago Parent Magazine "[How to Raise Socially Aware Kids](#)" by Melissa Silverbert • Sept. 29, 2016

Madamemoire.com "[... How Your Marriage Will Change After a Baby](#)" by Alyssa Rachelle • Sept. 8, 2016

Inc. Magazine "[The True Key to Success, According to this Inspired Psychotherapist](#)" by Matthew Jones • July 21, 2016

Racked.com "[War, All Dressed Up](#)" by Claire Carusillo • April 12, 2016

CongNghe.vn "[To Start a New Week Full of Life ... 12 Ways to Sunday](#)" by Genk • Mar. 27, 2016

Biblewaymag.com "[10 Ways to Be a Better Person](#)" by Etson Swabe • Mar. 11, 2016

The RedEye "[There It Is the Office Clique](#)" by Christina Merrill • Feb. 29, 2016

Bustle "[How to Get Over Uncertainty Without Letting It Completely Slow Down Your Life](#)"
by Marlen Komar • Dec. 30, 2015

Katie Andrews Therapy "[Tips on Tolerating Uncertainty](#)" by Margarita Tartakovsky • Nov. 2, 2015

Health • Fitness Cheat Sheet "[3 Ways Having Kids Will Change Your Relationship](#)" by Taryn Brooke • Oct. 24, 2015

Refinery.com "[What to Say in Life's Most Difficult Situations](#)" by Hayley MacMillen • Aug. 4, 2015

Alpha Counseling and Treatment "[Why Seeing a Therapist Makes You Strong Not Weak](#)" • June 15, 2015

The Atlantic "[The Computer Will See You Now](#)" by David R. Wheeler • Mar. 18, 2015

Chicago Health Magazine "[Deconstructing Grief](#)" by Katie Morell • Winter/Spring 2015

Financial Post, Business Insider

"[11 things successful people do on Sunday nights](#)" by Jacquelyn Smith • Jan. 19, 2015

The Good Men Project "[20 Ways to Choose Happiness](#)" • Oct. 24, 2014

Spirituality & Health Magazine "[50 Loving Sentiments We Should All Say More Often](#)" • July 14, 2014

News.com.au "[Psychotherapist Joyce Marter Reveals Her Top 10 Tips for a Better Sex Life](#)" • Feb. 12, 2014



REALSIMPLE

Woman'sDay

CRAIN'S
CHICAGO BUSINESS

Inc.

BUSTLE

The Atlantic

BUSINESS
INSIDER

Spirituality
& Health
The Soul/Body Connection

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PG 4 MEDIA LINKS

New Zealand's Sunday Magazine "Love After Baby"

WBEZ - Blog "Why We Could All Use Some Therapy" by Leah Pickett • May 16, 2013

Belief.net "9 Ways to Truly Support Your Partner" by Margarita Tartakovsky, MS

Belief.net "7 Healthy Ways to Feel Your Feelings"

Crain's Chicago Business "There's no place like a hotel for the holidays" by Lisa Bertagnoli • Dec. 22, 2014

Careerbliss.com "10 Ways to Overcome Pre-Job Interview Jitters" by The CareerBliss Team • Mar. 30, 2012

Center for Behavioral Health "Tips to Increase Your Assertiveness" • April 20, 2012

Crain's Chicago Business Joyce Marter Focus by Lisa Bertagnoli Oct. 30, 2010

Crain's Chicago Business "Making a Difference in Chicago" 2010

Crain's Chicago Business "Taking a step back from overexposure" by Lisa Bertagnoli • Nov. 09, 2009

Intuit QuickBooks "How Psychology Can Make or Break Your Business" by Brandi-Ann Uyemura

U.S. News & World Report Career Blog "How to manage your emotions in the workplace" by Ritika Trikha • May 15, 2012

U.S. News & World Report Career Blog "4 Tried and True Time-Management Techniques" by Ritika Trikha • June 12, 2012

Wall Street Journal "So cute, so hard on marriage" by Andrea Peterson • April 28, 2011

THE WALL STREET JOURNAL.

Chicago Tribune "Workplace Stress Can Lead to Total Meltdown" by Alexia Elejalde-Ruiz • Sept. 13, 2006

Intelligence For Your Life John Tesh "5 Reasons to De-Clutter Your House Right Now"

Match.com "The Signs of Confidence in Dating: Dating Tips" by Stacey Elkins



BLOGS

PsychCentral samples — 75+ posts

Psychology of Success Blog by Joyce Marter, LCPC

"Stuck in a Rut During Midlife Parenthood"

"How to Sell a Private Practice or Counseling Center"

"Sexual Assault Awareness Month"

"How to Encourage Critical Thinking in Kids"

"Consensual Sex is an Ongoing Dialogue, Not Simply a Yes"

"How to Make a Vision Board for the New Year, by Yourself or as Your Family"

"How to Promote Healthy Emotional-Social Development of iGen Teens"

"MeToo: How to Respond to Sexual Trauma"

"How to Cope After Acts of Mass Violence"

"How to Recommend Therapy to Someone: 7 Tips"

"Preparing Yourself and Your Child for the Transition to College"

"Clinicians on the Couch: 10 Questions With Therapist Joyce Marter"

"Applying the 5 Love Languages to Self-Love: How to Love Yourself"

"5 Steps for Dealing With Grief"

"5 Ways to Be a Less Anxious Parent"

"How Laughter Can Heal Your Soul"

"Let Go and Free Yourself: 21 Strategies"



The Huffington Post

"How to Make a Vision Board for the New Year, by Yourself or as a Family" • Dec. 29, 2017

"How to Recover from a Broken Heart" • Dec. 6, 2017

"How to Promote Health Emotional Social Development of iGen Teens" • Nov. 7, 2017

"MeToo How to Respond to Sexual Trauma" • Oct. 16, 2017



PG 2 MEDIA LINKS

"How to Cope After Acts of Mass Violence" • Oct. 3, 2017
"How to Recommend Therapy to Someone" • Sept. 26, 2017
"Self-Love Must Come First: How to Love Yourself" • Feb. 16, 2016
"15 Ways to Live Authentically and Amazingly" • Feb. 13, 2015
"How to Make the Best of a Solo Thanksgiving" • Nov. 24, 2014
"20 Ways to Choose Happiness" • Oct. 15, 2014
"Ignite Your Inner Fire: 25 Inspirational Intentions" • Oct. 6, 2014
"How to Get Out of a Bad Mood: 12 Tips" • Oct. 6, 2014
"15 Affirmations: Find the Courage to Live the Life You Want" • Sept. 17, 2014
"21 Ways to Let Go and Free Yourself" • Aug. 8, 2014
"Mindfulness for Mind-Blowing Sex: 25 Practices" • July 28, 2014
"50 Loving Sentiments We Should All Be Saying More Often" • July 18, 2014
"What Death Taught Me About Life: 5 Inspirational Lessons" • July 7, 2014
"Increase the Resiliency of Your Relationship: 6 Strategies" • July 1, 2014
"25 Affirmations to Align Yourself With the Greater Good" • June 23, 2014
"Self-Love: 10 Keys" • June 18, 2014
"10 Tips for Better Sex After Kids" • June 10, 2014
"Men Who Work on Themselves Are Sexy" • June 5, 2014
"25 Simple Ways You Can Improve Every Relationship in Your Life" • May 19, 2014
"Global Day for Health Kicks Off Mental Health Awareness Month" by Katherine Goetzke • May 19, 2015
"Find Bliss Going Inward" • May 6, 2014
"8 Life Lessons From My 8-Year-Old" • May 6, 2014

LinkedIn

"How to Sell a Counseling Center" • June 6, 2018
"How to Prevent Sexual Harassment in the Workplace in the Wake of #MeToo" • Feb. 13, 2018

Arts of Thoughts "True Success: Understanding that Love is the Currency of Life" • May 29, 2018

Joyce-Marter.com "How to Become a Legislative Advocate" • May 8, 2018

Mentalhealthforum.net

"Applying the 5 Love Languages to Self-Love: How to Love Yourself" by Joyce Marter • April 2, 2016

Notey.com Joyce Marter Blog • May 6, 2014

PODCASTS

Solutions 110 On Leadership and Hear the World's Sounds

QUOTED IN THE FOLLOWING BOOKS

Dasenbrook, Norman C.. (2009) Tools and Strategies for Developing Your Own Counseling Private Practice. In Marini, Irmo, and Mark A. Stebnicki. *The Professional Counselor's Desk Reference* (p 34). Second ed. New York, NY: Springer Pub., Print.

Carter, Candice C., and Linda Pickett. (2014) Conflict. In *Youth Literature for Peace Education* (p 117). New York, NY: Palgrave Macmillan, Print.

Donaldson, Jaleh (2011) *Making Marriage a Success: Pearls of Wisdom from Experts Across America*. Booklocker.com. Print.

Veland, Cherilynn M. (2015) *Stop Giving It Away: How to Stop Self-Sacrificing and Start Claiming Your Space, Power and Happiness* (p 141). SheWrites Press. Print.